



# Black Lives Matter: Resources for Anti-Racism

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## NOTE ABOUT THIS GUIDE

Dear Readers,

These resources have been compiled with hope they will help you navigate the overwhelming amount of information out there on the history and current reality of racism and structural inequality in the United States. This is by no means a complete list – there are even more resources and organizations for your consideration – but it’s a good place to begin. We recommend starting by choosing a few books to read, a few organizations to donate to (if you are able!), a few businesses to support, and then just keep going!! Learning to be anti-racist is a process and a lifelong journey, so we encourage you to breathe through the discomfort, set aside feelings of helplessness, and start doing the work. It’s important to remember that we (especially referring to White folks with stable jobs and significant networks) have more power and influence than we often realize.

Please remember that you can’t do everything at once (no matter how much you would like to!). You are urged to think about where you can have the most influence. Maybe you have friends and family members who could use some encouragement to learn and understand a little more. Maybe you are in a position at work where you can speak up more on issues of diversity in the workplace or challenge your company to make careful choices about business partners and investments (e.g., does your company support the prison industrial complex?). Maybe you are an educator and can work social justice and more nuanced (and accurate) history lessons into your curriculum. Maybe you are a parent and can raise your children to be aware of issues surrounding racial justice. Whatever “your lane” may be, remember to lead with empathy (especially while having difficult conversations), and to never stop learning!

Join us in doing this work, and together, we can make the world a little better.

In Solidarity,  
Liliana Celesia Moore  
ICCE Graduate Student Assistant

Nina Roberts, PhD, ICCE Faculty Director of  
Community Engaged Scholarship & Learning



*(Photo courtesy of SF State Twitter post)*

## Educate

### ARTICLES

- **Why I'll Never Walk Alone | Shola Richards**
  - <https://www.linkedin.com/pulse/why-ill-never-walk-alone-shola-richards/>
- **Your Difficult Questions About Race in America, Answered | Shola Richards**
  - <https://www.linkedin.com/pulse/your-difficult-questions-race-america-answered-shola-richards/>
- **Reflections from a Token Black Friend | Ramesh A. Nagarajah**
  - <https://medium.com/@rnagarajah2/reflections-from-a-token-black-friend-2f1ea522d42d>

### DOCUMENTARIES

- **13<sup>th</sup>** – 1h 40m (Netflix)
  - Documentary that analyses the criminalization of African Americans and the United States Prison Boom.
- **The Death and Life of Marsha P. Johnson** – 1h 45m (Netflix)
  - As she fights the tide of violence against trans women, activist Victoria Cruz probes the suspicious 1992 death of her friend Martha P. Johnson.
- **Do Not Resist** – 1h 12m (iTunes, Amazon Prime, or Google Play)
  - Rent for small fee
  - Starting on the streets of Ferguson, Missouri, as the community grapples with the death of Michael Brown, DO NOT RESIST offers a stunning look at the current state of policing in America with a glimpse into the future.
- **I Am Not Your Negro** – 1h 33m (Amazon Prime Video)
  - Free with Amazon Prime Video membership
  - Director Raoul Peck envisions the book James Baldwin never finished, Remember This House. It is a journey into black history that connects the Civil Rights movement to #BlackLivesMatter. It questions black representation in Hollywood and beyond.
- **Let it Fall** – 2h 23m (Netflix)
  - This documentary chronicles simmering tension and broken trust between L.A.'s black community and police in the decade before the Rodney King riots.
- **RACE: The Power of an Illusion** – 3 part series; 2h 50m total (Vimeo)
  - Rent (small fee): <https://vimeo.com/ondemand/race>
  - RACE: The Power of an Illusion questions the very idea of race as biology. Yet race still matters. Just because race doesn't exist in biology doesn't mean it isn't very real, helping shape life chances and opportunities.

## VIDEOS

- **What is Systemic Racism?** By Race Forward (@raceforward)
  - “What is Systemic Racism” is an 8-part video series showing how racism shows up in our lives across institutions and society. Featuring Jay Smooth, produced by Kat Lazo, introduced by Rinku Sen.
  - <https://www.raceforward.org/videos/systemic-racism>

## MOVIES

- **Black Klansman** – 2hr 14m (HBO or Amazon Prime Video)
  - Free with HBO membership
  - Buy on Amazon Prime for small fee
  - Spike Lee’s hit about an African American detective in the early ‘70s who infiltrates the KKK with help from a white undercover partner.
- **Brian Banks** – 1h 39m (Amazon Prime Video)
  - Free with Amazon Prime Video membership
  - A football player’s dreams to play in the NFL are halted when he is wrongly convicted and sent to prison. Years later, he fights to clear his name within an unjust system.
- **Detroit** – 2h 22m (Amazon Prime Video)
  - Rent for small fee
  - A police raid in Detroit in 1967 results in one of the largest citizen uprisings in the United States’ history.
- **The Hate You Give** – 2h 13m (Amazon Prime Video)
  - Free with Amazon Prime Video membership
  - In this powerful drama based on the best-selling novel, when a teenager witnesses the fatal shooting of her childhood friend, she must find her voice and stand up for what’s right.
- **If Beale Street Could Talk** – 1h 59m (Hulu or Amazon Prime Video)
  - Free with Hulu membership
  - Rent for small fee on Amazon Prime Video
  - From acclaimed director Barry Jenkins comes this timeless love story set in 1970s Harlem, where a young couple and their families fight for justice – and the promise of the American dream.
- **Just Mercy** – 2h 16m (Amazon Prime Video)
  - Free with Amazon Prime Video membership
  - A powerful true story that follows young lawyer Bryan Stevenson and his battle for justice as he defends a man sentenced to death despite evidence proving his innocence.

## TV SERIES

- **Dear White People** (Netflix)
  - 3 seasons, ~30m episodes
  - Students of color navigate the daily slights and slippery politics of the life at an Ivy League college that's not nearly as "post-racial" as it thinks.
- **Explained: The Racial Wealth Gap** (Netflix)
  - Last episode on Season 1; 16m
  - Cory Booker and others discuss how slavery, housing discrimination, and centuries of inequality have compounded to create a racial wealth gap.
- **Time: The Kalief Browder Story** (Netflix)
  - One season; Six 43m episodes
  - This series traces the tragic case of Kalief Browder, a Black Bronx teen who spent three horrific years in jail, despite not being convicted of a crime.
- **When They See Us** (Netflix)
  - Limited Series; 4 parts; 60+m episodes
  - True crime docuseries based on the Central Park jogger case where five teenage boys were wrongfully convicted of a crime they did not commit.
- **Who Killed Malcolm X?** (Netflix)
  - One season; Six 43m episodes
  - Decades after the assassination of African American leader Malcolm X, activist and investigative journalist Abdur-Rahman Muhammad embarks on a complex mission seeking truth in the name of justice.

## BOOKS

- **A Different Mirror: A History of Multicultural America**, by Ronald Takaki
- **Ain't I a Woman: Black Women and Feminism**, by bell hooks
- **America's Original Sin**, by Jim Wallis
- **An African American and Latinx History of the United States**, by Paul Ortiz
- **A People's History of the United States**, by Howard Zinn
- **Between the World and Me**, by Ta-Nehisi Coates
- **Biased**, by Jennifer L. Eberhardt
- **Blackballed: The Black Vote and US Democracy**, by Darryl Pickney
- **Black Feminist Thought**, by Patricia Hill Collins
- **Blindspot**, by Mahzarin R. Banaji and Anthony G. Greenwald
- **Dying of Whiteness: How the Politics of Racial Resentment Is Killing America's Heartland**, by Jonathan M. Metz
- **Eloquent Rage: A Black Feminist Discovers Her Superpower**, by Dr. Brittney Cooper
- **Good Talk**, by Mira Jacob
- **Have Black Lives Ever Mattered?** by Mumia Abu-Jamal
- **Heavy: An American Memoir**, by Kiese Laymon

- **How Does It Feel To Be A Problem?** by Moustafa Bayoumi
- **How To Be An Antiracist**, by Ibram X. Kendi
- **I Know Why the Caged Bird Sings**, by Maya Angelou
- **I'm Still Here: Black Dignity In A World Made for Whiteness**, by Austin Channing Brown
- **Inclusify**, by Stephanie K. Johnson, PhD
- **Just Mercy**, by Bryan Stevenson
- **killing rage: Ending Racism**, by bell hooks
- **Me and White Supremacy**, by Leyla Saad
- **Mindful of Race**, by Ruth King
- **Minor Feelings**, by Cathy Park Hong
- **My Grandmother's Hands**, by Resmaa Menakem
- **Pedagogy of the Oppressed**, by Paulo Freire
- **Recitatif**, by Toni Morrison
- **Redefining Realness**, by Janet Mock
- **Sister Outsider**, by Audre Lorde
- **So You Want to Talk About Race**, by Ijeoma Oluo
- **Stamped from the Beginning**, by Ibram X. Kendi (look for [Audiobook](#) on Spotify!)
- **Stamped: Racism, Antiracism, and You**, by Jason Reynolds and Ibram X. Kendi
- **Teaching to Transgress**, by bell hooks
- **Tears We Cannot Stop**, by Michael Eric Dyson
- **The Bluest Eye**, by Toni Morrison
- **The Color of Law**, by Richard Rothstein
- **The Fire Next Time**, by James Baldwin
- **The Fire This Time**, by Jesmyn Ward
- **The Miner's Canary**, by Lani Guiner and Gerald Torres
- **The New Jim Crow**, by Michelle Alexander
- **The Next American Revolution**, by Grace Lee Boggs
- **The Racial Healing Handbook: Practical Activities to Help You Challenge Privilege, Confront Systemic Racism, and Engage in Collective Healing**, by Anneliese A. Singh
- **The Warmth of Other Suns**, by Isabel Wilkerson
- **Their Eyes are Watching God**, by Zora Neale Hurston
- **This Book is Anti-Racist**, by Tiffany Jewell
- **This Bridge Called My Back: Writings by Radical Women of Color**, by Cherrie Moraga
- **When They Call You a Terrorist**, by Patrisse Khan-Cullors and asha bandele
- **White Fragility**, by Robin DiAngelo
- **Whiteness of a Different Color**, by Matthew Frye Jacobson
- **Why are all the Black Kids Sitting Together in the Cafeteria?** by Beverley Daniel Tatum
- **Why I'm No Longer Talking to White People About Race**, by Reni Eddo-Lodge
- **Women, Race, & Class**, by Angela Y. Davis

## PODCASTS\*

- **1619** (The New York Times)
  - This Pulitzer Prize-winning podcast, hosted by Nikole Hannah-Jones, analyzes the history of black America and the ongoing implications of slavery in the United States. The title of the podcast references the first year that enslaved Africans were brought to America.
  - <https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>
    - Recommended Episode: *The Economy That Slavery Built.*
    - <https://open.spotify.com/episode/32vhLjJt7m3f9DFCJUCVZ>
  
- **Cape Up Podcast** (Washington Post)
  - Cape Up Podcast features conversations between host and opinion writer Jonathan Capehart and newsmakers. Topics of discussion include religion, politics, gender, race, age, and cultural identity in America.
  - <https://www.washingtonpost.com/podcasts/cape-up/>
    - Recommended Episode: *The author of 'White Fragility' doesn't think 'most white people care about racial injustice'* (with Robin DiAngelo).
    - <https://www.washingtonpost.com/podcasts/cape-up/the-author-of-white-fragility-doesnt-think-most-white-people-care-about-racial-injustice/>
  
- **Code Switch** (NPR)
  - Shereen Marisol Meraji and Gene Demby, two journalists of color, candidly discuss race and its implications for everyday life in this weekly NPR podcast. Topics include pop culture, sports, politics, and history, among others. According to NPR, this podcast “makes ALL OF US part of the conversation — because we’re all part of the story.” – NPR
  - <https://www.npr.org/podcasts/510312/codeswitch>
    - Recommended Episode: *Hear Something, say something: Navigating the world of racial awkwardness.*
    - <https://www.npr.org/sections/codeswitch/2016/09/28/494881057/hear-something-say-something-navigating-the-world-of-racial-awkwardness>
  
- **Good Ancestor Podcast**
  - Anti-racism educator, international speaker, and New York Times and Sunday Times bestselling author Layla F. Saad delves into topics such as identity, personal transformation, race, and social change in this thought-provoking podcast.
  - <http://laylafsaad.com/good-ancestor-podcast>

- **Hear to Slay** (Luminary)
  - Hear to Slay, hosted by Roxane Gay and Tressie McMillan (best-selling authors of *Bad Feminist* and *Thick*, respectively), showcases witty cultural commentary and interviews with a variety of guests including journalists, comedians, and politicians.
    - Recommended Episode: *America... is my problem, but it's not my fault.*
  
- **It's Been a Minute** (NPR)
  - It's Been a Minute, hosted by Sam Sanders, joins public figures, journalists, celebrities, and writers in energetic conversations about current events. Past guests on this podcast include Nicole Byer, Jeremy O. Harris, Regina King, Samin Nosrat, and Maya Erskine.
  - <https://www.npr.org/podcasts/510317/its-been-a-minute-with-sam-sanders>
  
- **Jemele Hill Is Unbothered** (Spotify)
  - In this podcast, former ESPN reporter and SportsCenter anchor Jemele Hill discusses politics, pop culture, and news with a variety of guests. Notable guests include Larry Wilmore, Stacey Abrams, Lakeith Stanfield, Soledad O'Brien, Cory Booker, Snoop Dogg, and Trina.
  
- **The Nod** (Gimlet)
  - The Nod, hosted by Brittany Luse and Eric Eddings, covers any and all topics related to the experience of black folks in America. Past episodes have included conversations about the Cha Cha Slide, the potential use of MDMA for healing racial trauma, T-Pain, Toni Morrison, and the movie *White Chicks*.
  - <https://gimletmedia.com/shows/the-nod>
  
- **Small Doses With Amanda Seales** (Starburns Audio)
  - Amanda Seales, who has a master's degree in African American studies from Columbia, is a multi-talented actress best known for her stand-up comedy as well as her role as Tiffany on HBO's *Insecure*. In this podcast, Seales tackles serious issues such as addiction, racism, police brutality, and sexism with well-known guests such as Sasheer Zamata, LeVar Burton, Issa Rae, Raphael Saadiq, and Kenya Barris.
  - <https://starburns.audio/podcasts/small-doses-with-amanda-seales/>
    - Recommended Episode: *Side Effects of COVID-19 on the Black Community* (with Joy Reid).
    - <https://cms.megaphone.fm/channel/small-doses?selected=STA2754119182>

- **Still Processing** (The New York Times)
  - Still Processing is a podcast hosted by Wesley Morris, a critic for the New York Times, and Jenna Wortham, a culture writer for the New York Times Magazine. Discussions in this podcast feature detailed analyses of culture, especially current events, film, and television.
  - <https://www.nytimes.com/column/still-processing-podcast>
- **What A Day** (Crooked Media)
  - What A Day is a daily news podcast hosted by comedian Akilah Hughes and reporter Gideon Resnick. Episodes are only 15 minutes long, but contain all the information, humor, and analysis you need!
  - <https://crooked.com/podcast-series/what-a-day/>
    - **Recommended Episode: Racism Cont'd.**
    - <https://crooked.com/podcast/racism-contd/>

*\*Note: Many of these podcast recommendations were obtained from the Vanity Fair article [Nine Podcasts That Demand Your Attention This Week](#) by Justine Goode.*



*(Photo courtesy of NPR Code Switch Podcast: The Student Strike That Changed Higher Ed Forever)*

## Donate

### NATIONAL ORGANIZATIONS

- **The American Civil Liberties Union (ACLU)**
  - <https://www.aclu.org/>
  - The ACLU works in the courts, legislatures, and communities to defend and preserve the individual rights and liberties guaranteed to all people in this country by the Constitution and laws of the United States. The ACLU has defended freedom of speech, equal protection, right to privacy, and many other first amendment rights for 100 years.
- **The Bail Project**
  - <https://bailproject.org/>
  - A revolving fund that helps low-income people pay bail. After a case closes and bail is returned, the same money can help someone else.
- **Black Girls Code**
  - <https://www.blackgirlscode.com/>
  - Black Girls Code aims to increase the number of women of color in the digital space by empowering girls of color ages 7 to 17 to become innovators in STEM fields, leaders in their communities, and builders of their own futures through exposure to computer science and technology.
- **Black Lives Matter**
  - <https://blacklivesmatter.com/>
  - Black Lives Matter is a global grassroots organization that works toward creating a world free of anti-Blackness, where every Black person has the social, economic, and political power to thrive.
- **Campaign Zero**
  - <https://www.joincampaignzero.org/#vision>
  - Online platform & organization that utilizes research-based policy solutions to end police brutality in America.
- **Center for Racial Justice in Education**
  - <https://centerracialjustice.org/>
  - The Center for Racial Justice in Education's mission is to train and empower educators to dismantle patterns of racism and injustice in our schools and communities. The Center for Racial Justice in Education envisions a world where all young people learn and thrive in racially equitable, liberating, and empowering educational spaces.
- **Equal Justice Initiative (EJI)**
  - <https://eji.org/>
  - EJI works to end mass incarceration and excessive punishment in the United States. They challenge racial and economic injustice and protect basic human rights for the most vulnerable people in American society.

- **Fair Fight**
  - <https://fairfight.com/>
  - Fair Fight promotes fair elections in Georgia and around the country, encourages voter participation in elections, and educates voters about elections and their voting rights. They also bring awareness to the public on election reform, advocate for election reform at all levels, and engage in other voter education programs and communications.
- **Families against Mandatory Minimums (FAMM)**
  - <https://famm.org/about-us/>
  - FAMM's mission is to create a more fair and effective justice system that respects our American values of individual accountability and dignity while keeping our communities safe.
- **Know Your Rights Camp**
  - <https://www.knowyourrightscamp.com/>
  - The mission of Know Your Rights Camp is to advance the liberation and well-being of Black and Brown communities through education, self-empowerment, mass-mobilization and the creation of new systems that elevate the next generation of change leaders.
- **The Loveland Foundation**
  - <https://thelovelandfoundation.org/>
  - An organization focused on providing mental health support for black women and girls.
- **NAACP Legal Defense and Educational Fund (LDF)**
  - <https://www.naacpldf.org/>
  - Through litigation, advocacy, and public education, LDF seeks structural changes to expand democracy, eliminate disparities, and achieve racial justice in a society that fulfills the promise of equality for all Americans. LDF also defends the gains and protections won over the past 75 years of civil rights struggle and works to improve the quality and diversity of judicial and executive appointments.
- **National Bail Fund Network**
  - <https://www.naacpldf.org/>
  - A nonprofit that fights for racial justice through litigation, advocacy, and public education.
- **National Council for Incarcerated and Formerly Incarcerated Women and Girls**
  - <https://www.nationalcouncil.us/>
  - Women are the fastest growing prison population, and 80% of women in prison are mothers. This organization works to end the incarceration of women and girls, strengthen communities, and keep families together.



## Support

### BLACK-OWNED BOOKSTORES

- Afriware Books (Maywood, IL): [https://www.afriwarebooks.com/store/c1/Featured\\_Products.html](https://www.afriwarebooks.com/store/c1/Featured_Products.html)
- Ashay By the Bay (Vallejo, CA): <https://ashaybythebay.com/>
- Brain Lair Books (South Bend, IN): <https://www.brainlairbooks.com/>
- Brave and Kind Books (Decatur, GA): <https://www.braveandkindbooks.com/>
- Café con Libros (Brooklyn, NY): <https://www.cafeconlibrosbk.com/>
- Detroit Book City (Detroit, MI): <http://detroitbookcity.com/>
- Eso Won Books (Los Angeles, CA): <https://www.esowonbookstore.com/>
- Frugal Bookstore (Roxbury, MA): <https://frugalbookstore.net/>
- Hakim's Bookstore (Philadelphia, PE): <https://hakimsbookstore.com/>
- Harriott's Bookshop (Philadelphia, PE): <https://www.harriettsbookshop.com/>
- The Lit Bar (Bronx, NY): <http://www.thelitbar.com/>
- Mahogany Books (Washington, DC): <https://www.mahoganybooks.com/>
- Uncle Bobbie's (Philadelphia, PE): <https://unclebobbies.com/>

### BLACK-OWNED BUSINESSES IN THE BAY AREA

- Black Earth Farms: <https://www.blackearthfarms.com/>
  - Grassroots Pan African & Pan Indigenous Farming Collective growing food in the East Bay.
- Directory of Black-Owned Businesses in the Bay Area: <https://bayareablackmarket.com/>
- List of Black-Owned Restaurants & Pop-Ups in the Bay Area: [https://docs.google.com/spreadsheets/d/1mTthE5lwqVnTCIm3iQtQXLyxwK-pc17cuCp-BhAYX8/htmlview?pru=AAABcqr4niw\\*5VNZfxR1aFkjhnNIggu9-Q](https://docs.google.com/spreadsheets/d/1mTthE5lwqVnTCIm3iQtQXLyxwK-pc17cuCp-BhAYX8/htmlview?pru=AAABcqr4niw*5VNZfxR1aFkjhnNIggu9-Q)



(Photo courtesy of SF Bay View Article: 1968: The strike at San Francisco State)

## Volunteer

- **Big Brothers Big Sisters of America**
  - <https://www.bbbs.org/get-involved/>
  - Since 1904, Big Brothers Big Sisters has operated under the belief that inherent in every child is incredible potential. As the nation's largest donor- and volunteer-supported mentoring network, Big Brothers Big Sisters makes meaningful, monitored matches between adult volunteers ("Bigs") and children ("Littles"), ages 5 through young adulthood in communities across the country. Big Brothers Big Sisters develops positive relationships that have a direct and lasting effect on the lives of young people.
- **Year Up**
  - <https://www.yearup.org/volunteers>
  - Year Up is a national non-profit that aims to close the opportunity divide in the United States by providing young adults with professional and technical skills that help them launch into careers or a college education.
  - Volunteers can take on roles such as mentoring, tutoring, providing career guidance, and guest speaking at Year Up events.



*(Photo courtesy of SF Chronicle Article: How SF State's bloody strikes changed academia and nation 50 years ago)*

## Reflect

### REFLECTION QUESTIONS\*\*

- What is the racial makeup of who I interact with most?
- Do I prioritize surrounding myself with diversity? Why or why not?
- How does my country, town, and family view people of color?
- How important is race to me? Why?
- How much do I know about the historical context of race where I live?
- In what ways am I treated differently than those of a different race?
- In what ways am I privileged? How is my privilege related to my race?
- If I were to walk into a room of all people of color would I be scared?
- What would it be like to be a racial minority in my town, country, etc.?
- What stereotypes has society taught you to believe about Black people?
- What have you heard or seen that is overtly racist?
- What messages have your family and community taught you about Black people? Do you believe these are fair judgements of ALL Black people? Why or why not?
- Have you heard or seen anything that is subtly racist? If you have, what did you do? What would you do differently now?
- What stereotypes has society created about your race? How do you feel about it? What would it feel like to be stereotyped as a Black person?
- Have you heard about or seen any of your Black friends experience microaggressions?
- Do you have any Black friends? Why or why not?
- How will you now be anti-racist? Will you stand up to people you respect and love when they say or do something racist?

### CONVERSATIONS TO HAVE\*\*

- Do you support women, LGBTQIA+ individuals, and immigrants? Why or why not?
- How is the Black Lives Matter movement different or similar to others?
- Why do you support certain communities/groups/movements but not others?

*\*\*Note: Reflection questions adapted from those written by Allie Wornell (Instagram: @livefriendlier).*



*(Photo courtesy of SF State webpage: Equity & Community Inclusion)*