**Betsy Centeno, M.A.**

Department of Psychology

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# EDUCATION

2022 M.A. Mind, Brain, & Behavior Psychology, San Francisco State University

2018 B.A. Psychology, San Francisco State University

2018 B.A. Latino/a Studies, San Francisco State University

# HONORS & AWARDS

2022 National Latinx Psychological Association Student Travel Award

2022 Recipient of the 2022 Graduate Award for Distinguished Achievement

2022 #ConstructingTheOther NSF Emerging Scholar Travel Award, *$500*

2021 Cornelius Hopper Diversity Award, Tobacco-Related Disease Research Program, *$20,000*

2021 Sally Casanova Pre-Doc Scholarship Program, SFSU, *$3,000*

2021 East Palo Alto’s Kids Foundation Grant, *$750*

2021 Gary A. Lucchese Psychology Scholarship, SFSU, *$1,000*

2021 College of Science & Engineering Scholarship, SFSU *$1,500*

2021 Delmy Rodriguez Memorial Scholarship, SFSU, *$1,500*

2021 Graduate Equity Fellowship Program, SFSU, *$3,500*

2020 East Palo Alto’s Kids Foundation Grant, *$750*

2020 Graduate Equity Fellowship Program, SFSU, *$3,500*

2018 Psi Chi International Honor Society in Psychology

# PROFESSIONAL MEMBERSHIP

National Latinx Psychological Association

Society for Research on Adolescence

# RESEARCH

## Peer-Reviewed Publications

**Centeno, B.,** Ben-Zeev, A., & Mello, Z. R. (2022). Stereotype Threat, racial/ethnic identity, and intellectual performance among Latinx groups [Manuscript in preparation].

**Centeno, B.,** & Yoo, G. (2022). First-year peer mentoring during COVID-19 [Manuscript in preparation].

Moon, J., **Centeno, B.** & Mello, Z. R. (2021). Revealing the nuance: Examining approaches for research that includes participants who identify with multiple racial/ethnic Groups [Manuscript under review].

***Non-Refereed Publications***

Yoo, G., Moskowitz, N., **Centeno, B.**, Shindledecker, E. (2021, August 3). First-year experiences during remote learning and assessing student needs for Fall 2021 (Rep. No. 1). Retrieved from: <https://ir.sfsu.edu/surveys-and-studies>

Yoo, G., Shindledecker, E., Kang, J., **Centeno, B.**, Dariotis, W. (2020, July 31). Examining first-year retention during COVID-19 (Rep. No. 1). Retrieved from: <http://ir.sfsu.edu/content/surveys>

### **Peer-Reviewed Presentations**

**Centeno, B.,** & Bravo, D. Y. (2022, August). The role of family and community relationships on Cuban medical students’ adjustment.Oral presentation at the 2022 Mentoring Summer Research Internship Program (MSRIP) Symposium, UC Riverside.

**Centeno, B.,** Ben-Zeev, A., Moon, J., Bayazitli, I., & Mello, Z. R. (2022, October). The moderating role of racial/ethnic identity on stereotype threat and the intellectual performance of Latinx groups. [Poster presentation accepted]. National Latinx Psychological Association Conference, Denver, Colorado.

**Centeno, B.**, Moon, J., Bayazitli, I., & Mello, Z. R. (2022, October). A qualitative approach to understanding perceived discrimination based on immigration among adolescents. [Poster presentation accepted]. National Latinx Psychological Association Conference, Denver, Colorado.

Mello, Z. R., Moon, J., **Centeno, B**., & Bayazitli, I. (2022, August). Time heals all wounds: The moderating role of time perspective on bullying victimization and tobacco use among adolescents in the United States. [Poster presentation accepted]. European Association of Research on Adolescence Conference, Dublin, Ireland.

Mello, Z. R., Moon, J., **Centeno, B**., & Bayazitli, I. (2022, August). Where is the money? Introducing a new conceptual model for examining perceived discrimination based on socioeconomic status among adolescents.[Poster presentation accepted]. European Association of Research on Adolescence Conference, Dublin, Ireland.

Bayazitli, I., **Centeno, B.,** Moon, J., Cabilogan, N. J., Reyes Grafil, D., Habash, N., Siqueira Matzembacker, N., Ohannesian, A., Argueta Rodriguez, C. J., Sanchez, J., & Santos, E.(2022, May). Developing workshops about gender for high school students*.* Poster presented at the College of Science and Engineering Student Project Showcase, SFSU, San Francisco, CA, USA.

Mello, Z. R., Moon, J., **Centeno, B.**, & Azzouz, L. (2022, March). A conceptual model for the examination of perceived discrimination based on socioeconomic status among adolescents. Poster presentation at the Biennial Conference Society for Research on Adolescence, New Orleans, Louisiana.

**Centeno, B.**, Moon, J., Kutner, J., & Mello, Z. R. (2022, March). Racial/ethnic discrimination and occupational expectations among racial/ethnic marginalized adolescents. Poster presentation at the Biennial Conference Society for Research on Adolescence, New Orleans, Louisiana.

Solka, J., Finan, J. F., **Centeno, B.**, & Mello, Z. R. (2022, March). Discrimination experiences from peers and adults: An exploration of classes and psychosocial adjustment outcomes. Poster presentation at the Biennial Conference Society for Research on Adolescence, New Orleans, Louisiana.

**Centeno, B.**, Azzouz, L., Moon, J., Romero, E., & Mello, R. Z. (2021, July).  Ethnic identity and time perspective in Latinx American adolescents in the United States. Poster presentation at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

Yoo, G., Shindledecker, E., Kang, J., **Centeno, B.**, Dariotis, W. Examining first-year retention during COVID-19. First-Year Experience Conference. February 2021. Virtual.

### **Non-Refereed Presentations**

**Centeno, B.** (2021, April). What is a white Latinx? The moderating role of racial and ethnic identity on social identity threat and academic performance. Thesis presented at the Social Psychology/Mind, Brain, & Behavior Brownbag, SFSU, San Francisco, CA, USA.

***Thesis***

**Centeno, B.** (2021). The moderating roles of racial and ethnic identity on stereotype threat and intellectual performance. Committee comprised Drs. Ben-Zeev, A. and Morsella, E.

## Research Experience

### Research Assistant

June 2022-Aug 2022 Cultural Resiliency and Motivation Lab, Director: Dr. Diamond Bravo

Mentoring Summer Research Internship, UC Riverside

* Conducted reflexive thematic analyses and inter-rater reliability analyses
* Conducted a literature review
* Managed team of coders and raters
* Presented findings at a research symposium

### Graduate Research Assistant

May 2022-June 2022 First-Year Experience Program, Director: Dr. Susanna Jones

Undergraduate Education and Academic Planning, SFSU

* Helped facilitate weekly summer meetings
* Conducted telephone surveys on first-year student experience
* Supervised undergraduate peer mentor callers

### Graduate Research Assistant

Jan 2022-May 2022 First-Year Experience Program, Director: Dr. Grace Yoo

Undergraduate Education and Academic Planning, SFSU

* Supervised undergraduate peer mentors
* Facilitated weekly meetings
* Sent weekly emails
* Conduct literature review on peer mentoring
* Conduct qualitative analysis on survey responses
* Write a publishable manuscript

### Lab Manager

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| Aug 2021-June 2022 | Time Lab, Dr. Zena R. MelloDepartment of Psychology, SFSU* Facilitate lab meetings, including research presentations
* Lead lab orientations and training with new graduate and undergraduate research assistants
* Send weekly email reminders
* Manage lab calendar and lab protocols
* Supervise undergraduate research assistants
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### Graduate Research Assistant

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| June 2021 | Time Lab, Dr. Zena R. MelloDepartment of Psychology, SFSU* Conducted Spanish interviews with adolescents about discrimination based on immigration
* Transcribed and translated Spanish interviews
* Conducted literature reviews on skin color discrimination and health disparities in adolescents (e.g., substance use, tobacco use)
* Provided feedback on conference proposals and grant proposals to state and federal agencies
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### Graduate Research Assistant

June 2021-July 2021 First-Year Experience Program, Director: Dr. Grace Yoo

Undergraduate Education and Academic Planning, SFSU

* Called 200+ students during the Summer 2021 Research Internship
* Conducted telephone surveys on first year college students during remote learning via Qualtrics
* Conducted thematic qualitative data analysis
* Assisted with writing the final research report

### Graduate Research Assistant

May 2020-Aug 2020 First-Year Experience Program, Director: Dr. Grace Yoo

Undergraduate Education and Academic Planning, SFSU

* Managed 20+ student interns during the Summer 2020 Collaborative Research Internship
* Conducted telephone surveys on first year college students during COVID-19 via Qualtrics
* Called 200+ first-year students using Google Voice
* Analyzed quantitative and qualitative data
* Assisted with writing the final research report

*Graduate Research Assistant*

Aug 2019-May 2020 Cognition and Social Equity Lab, Dr. Avi Ben-Zeev

Department of Psychology, SFSU

* Presented thesis research on racial/ethnic identity, Latinx identity, stereotype threat, and academic performance
* Provided constructive feedback on research presentations to lab members
* Provided feedback on electronic surveys, including Qualtrics and Amazon Mechanical Turk
* Conducted quantitative analyses, including mean comparisons and factorial analysis of variance

### Undergraduate Research Assistant

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| Feb 2018-Aug 2018 | Cognition and Social Equity Lab, Dr. Avi Ben-ZeevDepartment of Psychology, SFSU * Assisted graduate students in conducting research on stereotype threat and socioeconomic status among Black and Latinx youth in the Bay Area
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**TEACHING**

## Instructor

Fall 2020 Social-Emotional Learning, Oxford Day Academy, East Palo Alto, CA

* Taught a Social-Emotional Learning (SEL) class to predominantly Latinx high school students via Zoom during COVID-19
* Facilitated social-emotional learning activities (e.g., check-in questions, icebreakers, community building, writing activities)
* Taught other topics related to SEL (e.g., healthy relationships)

## Teaching Assistantship

Spring 2018 Intro to Research Methods, Department of Psychology, SFSU

* Lecturer: Andre Oliver
* Large lecture course, 120 students
* Graded multiple-choice exams
* Facilitated in-class discussions
* Held office hours and study sessions

# SERVICE

## Community

### Youth Education and Development

2020 Social-Emotional Learning (SEL) Coach, Oxford Day Academy, East Palo Alto, CA

* Taught SEL lessons and facilitated SEL activities to high school students
* Met with students one-on-one to assess their needs during online learning
* Met with parents/guardians to discuss their student’s progress
* Provide writing support and college counseling support

2018-2019 Youth Coordinator, Boys and Girls Club of the Peninsula, East Palo Alto, CA

* Taught project-based learning classes (e.g., creative writing, SEL)
* Mentored and tutored Black and Latinx youth in reading and writing skills
* Managed classroom behavior through positive engagement and reinforcement

2016 Youth Organizer Intern, Youth United for Community Action (YUCA), East Palo Alto, CA

* Worked with Latinx high school youth on providing workshops to the community on issues such as gentrification, affordable housing, educational disparities, and access to clean water

### Mentorship

2021-2022 Mentor, Mentoring Undergraduate Student Experience (MUSE), San Francisco State University

* Met with undergraduate mentees weekly
* Provided advice and support with graduate school applications

2020-2022 Peer Mentor, First-Year Experience Program, San Francisco State University

* Mentored first-year undergraduate students in a writing intensive course
* Met with students one-on-one to provide writing support and social-emotional support during office hours
* Met with faculty weekly to discuss lesson plan and activities
* Facilitated icebreakers and academic success workshops
* Facilitated social events and study sessions
* Send weekly emails and respond to student questions/concerns

*Volunteer*

2020 Direct Service Volunteer, La Casa de Las Madres, San Francisco, CA

* 40-hour training on interpersonal violence intervention

2018 Volunteer, Centro Latino de San Francisco, San Francisco, CA

* Served hot nutritious lunches to Latino elderly, veterans, and people with disabilities

**SOFT SKILLS**

***Languages***

* English
* Spanish

**COMPUTER SKILLS**

## Statistical Software

* Jamovi
* SPSS
* R/RStudio

## Survey Design

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* Qualtrics
* Knack