Zena R. Mello

Psychology Department

San Francisco State University

1600 Holloway Avenue

San Francisco, CA 94132

Tel: 415-338-7557

zmello@sfsu.edu

Web: https://faculty.sfsu.edu/~zmello/home

X: @ZenaRMello #MelloTimeLab

Google Scholar, ResearchGate, LinkedIn, & Facebook: Zena Mello

ORCID:/0000-0001-8218-9801

# APPOINTMENTS

2024 Visiting Professor, Psychology, University of College Cork

2018-Present Professor, Psychology, San Francisco State University

2018-Present Visiting Scholar, Pacific Institute of Research and Evaluation

2017-2022 Associate Professor, Psychology, San Francisco State University

2017 Visiting Professor, The Methodology Center, Pennsylvania State University

2013-2017 Assistant Professor, Psychology, San Francisco State University

2009-2013 Assistant Professor, Psychology, University of Colorado, Colorado Springs

# EDUCATION

2005-2009 Postdoctoral Fellow, Human Development, University of California, Berkeley

2005 PhD, Human Development & Family Studies, Pennsylvania State University

2000 MS, Human Development & Family Studies, Pennsylvania State University

1994 BA, Psychology, University of California, Santa Cruz

1992 AA, General Education, Santa Rosa Junior College

# HONORS, SCHOLARSHIPS, & AWARDS

2024 Fellow, International Society for the Study of Behavioral Development

2022 NSF Advance Fellow, San Francisco State University

2014 International Research Award, German Educational Research Association

2014 Honorable Mention for Mello, Rashid et al. poster presentation, Time and Society International Conference, Poland

2012 Mentored Undergraduate Research Project Award, University of Colorado Colorado Springs

2010, 2011 Faculty Diversity Award Nomination, University of Colorado Colorado Springs

2007 Outstanding Dissertation Award in Human Development, Human Development Division, American Educational Research Association

2004, 2005 Office of Graduate Educational Equity, Pennsylvania State University

2003 Rose Cologne Volunteer of the Year, Council for Human Services, Pennsylvania

2003 R. Paul Campbell Volunteer of the Year, Youth Service Bureau, Pennsylvania

2002 Kappa Omicron Nu National Honor Society

2000 Pennsylvania Psychological Foundation Educational Award

2000 Stormbreak Runaway and Homeless Shelter Volunteer Award, Pennsylvania

1994 Undergraduate Service Award, University of California, Santa Cruz

# FUNDING

2024-2025 **National Science Foundation**

Title: Research Experiences for Undergraduates (2317285).

Total costs: $15,000

Role on Project: Principal Investigator

2024-2025 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Abundis-Morales (T32IP4744).

Total costs: $20,000

Role on Project: Principal Investigator

2024-2025 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Busra Dogru (T32IP4744).

Total costs: $20,000

Role on Project: Principal Investigator

2024-2025 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Adam Suri (T32IP4744).

Total costs: $20,000

Role on Project: Principal Investigator

2024-2027 **National Institute of Health**

**Title:** Substance Use and Perceived Discrimination Based on Socioeconomic

Status Among Adolescents (1-R16-GM149409-01A1).

Total costs: $465,000

Role on Project: Principal Investigator

2023-2025 **National Science Foundation**

Title: EAGER Developing a new tool to measure discrimination based on social class for adolescents (2317285).

Total costs: $249,734

Role on Project: Principal Investigator

2022-2025 **Tobacco-Related Disease Research Program**

Title: Tobacco use and perceived discrimination based on socioeconomic status among adolescents (T32IP4744).

Total costs: $766,734

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Dayanne Sanchez (T32IP4744).

Total costs: $20,000

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Tiffany Wong (T32IP4744).

Total costs: $20,000

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: COVID Recovery Administrative Supplement (T31IP1855).

Total costs: $100,000

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Nisa Cabilogan (T31IP1855).

Total costs: $20,000

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Ilke Bayazitli (T31IP1855).

Total costs: $20,000

Role on Project: Principal Investigator

2022-2023 **Tobacco-Related Disease Research Program**

Title: Cornelius Hopper Diversity Supplement: Betsy Centeno (T31IP1855).

Total costs: $20,000

Role on Project: Principal Investigator

2020-2023 **Tobacco-Related Disease Research Program**

Title: Racial and gender discrimination, tobacco use, and time perspective

among adolescents (T31IP1855).

Total costs: $619,228

Role on Project: Principal Investigator

2011 **Private Donor**

Title: Supporting first-generation college students.

Total costs: $5,000

Role on Project: Principal Investigator

2010 **International Society for the Study of Behavioral Development**

Title: Travel grant to attend conference in Zambia, Africa.

Total costs: $2,500

Role on Project: Principal Investigator

2008 **International Society for the Study of Behavioral Development**

Title: Travel grant to conduct research in Frankfurt, Germany.

Total costs: $3,500

Role on Project: Principal Investigator

2005-2008 **American Educational Research Association, Institute of Education Sciences**

Title: Investigating time perspective and educational attainment among racially/ethnically diverse and low-socioeconomic status adolescents.

Total costs: $225,000

Role on Project: Co-Investigator

2003-2004 **National Science Foundation, American Educational Research Association**

Title: Across time and place: The development of adolescents’ educational and occupational expectations in the context of parental and neighborhood socioeconomic status (REC-990573).

Total costs: $15,000

Role on Project: Principal Investigator

2000-2001 **African American Success Foundation**

Title: Time is on our side: The relationship between future orientation and academic achievement among African American adolescents.

Total costs: $1,000

Role on Project: Principal Investigator

## Internal

**Mello**,Z. R. (2022). *Perceived immigration discrimination and tobacco use*. RSCA Recovery Research Grant, College of Science and Engineering, SFSU; $15,000.

+^Jaramillo, J. N., & **Mello**, Z. R. (2013). *Perceived discrimination, stereotype threat, and optimism among Native American adolescents*. Faculty-Student Research/Creative Works Award, College of Language, Arts, and Sciences, UCCS; $4,000.

**Mello**, Z. R. (2011). *Piloting a Spanish instrument to assess time perspective.* Innovations in Scholarship Inclusiveness Excellence; $1,000.

**Mello**, Z. R. (2011). *Parental messages about math and science schooling and work in adolescents*. Faculty Assembly Women’s Grant Program; $450.

**Mello**, Z. R. (2009). *Support for* *speaker on racial identity*. Matrix Center; $200.

**Mello**, Z. R. (2009). *Variation in female and male adolescents’ perceived career barriers and educational/occupational outcomes*. Faculty Assembly Women's Grant Program; $500.

# PUBLICATIONS

(H-index = 28; i10-index = 43; citations = 3,286; 31% with students)

## Refereed Publications

1. **Mello**, Z. R., Kakar, V., Jaramillo, J., (under review). *Classism and Risky Health Behaviors: Examining How Social Class Discrimination is Associated with Combustible Tobacco Use, Nicotine Vaping, and Dual Use Among Adolescents.*
2. **Mello**, Z. R., Eytcheson, K., & Kakar, V. (under review). *Sexism and Risky Health Behaviors: Examining the Association between Sources of Gender Discrimination and Tobacco Use Among Adolescent Girls*.
3. Kakar, V., Centeno, B., Herrera-Suarez, D., Habash, N., Cabilogan, J. N., Rodriguez, J. R., and **Mello**, Z. R. (under review). A Qualitative Investigation of Immigration Discrimination Among Adolescents.
4. Moon, J., Wahleithner, J., Chase, J., Tate, C. C., and **Mello**, Z. R. (under review). ‘I am Scared,’ ‘I Hate Him,’ ‘I Want to Change the World’: Adolescents’ Reactions to the 2016 Presidential Election Indicate Strong Feelings, Civic Engagement, and Social Group Awareness.
5. Lonigro, A., Zammuto, M., Bianchi, D., Pompili, S., Tata, D., Worrell, F. C., **Mello**, Z. R., Longobardi, E., Laghi., F. (under review). *Covid-19 and time perspective during emerging adulthood: Take-home messages for the future.*
6. **Mello**, Z. R. (2024). Don’t skip class: A new conceptual model for examining classism among adolescents and families. *Journal of Family Theory and Review*, 1-17. DOI: 10.1111/jftr.12589
7. Li, X., Lyu, H., Mello, Z. R. (2024). Another way to measure balanced time perspective: Development of the Time Perspective Inventory. *PsyCh Journal*, June, 341-511. http://doi.org/10.1002/pchj.725
8. ^\*Centeno, B., \*Bayazitli, I., Purnell, S., Bravo, D. Y., & **Mello**, Z. R. (2023). Colorism Unveiled: Examining How Skin Color Discrimination is Associated with Academic Achievement, Mental Health, and Substance Use Among Latinx Adolescents. *Research in Human Development*, 1-18. https://doi.org/10.1080/15427609.2023.2271363
9. \*Moon, J., ^\*Centeno, B., De León, J., & **Mello**, Z. R. (2023).Brief Report: Revealing the Nuance: Examining Approaches for Research with Adolescents who Identify with Multiple Racial/Ethnic Groups. *Journal of Adolescence*, 1-10. PMID: 37661346 https://doi.org/10.1002/jad.12242 PMID: 37661346
10. Sommerfield, E., **Mello**, Z. R., & Worrell, F. C. (2023).The Hebrew Version of the Adolescent and Adult Time Inventory – Time Attitudes Scales (AATI-TA): A Validation Study. *Psychological Reports*, *13,* 1-8*.* https://doi.org/10.1038/s41598-023-39431-9
11. \*Moon, J., +Lieber, R., & \*Bayazitli, I., **Mello**, Z. R. (2023).An examination of multidimensional time perspective and mental health outcomes*.* *International Journal of Environmental Research and Public Health*, *20*(6), 1-14. PMID: 36981597. https://doi.org/10.3390/ijerph20064688
12. **Mello**, Z. R., Buhl, M., Andretta, J. R., & Worrell, F. C. (2022). Risky behaviors and time attitude profiles among adolescents in the United States and Germany. *Discourse: Journal of Childhood and Adolescence Research [Diskurs Kindheits- und Jugendforschung]*, *17*(3), 310-324. https://doi.org/10.3224/diskurs.v17i3.04~~.~~
13. **Mello**, Z. R., & \*Moon, J. (2022). Time buffers teasing and lessens tobacco use: The moderating role of time perspective on bullying victimization and tobacco use in adolescents. *Behavioural Processess, 200,* 1-8. PMID: 35760304 <https://doi.org/10.1016/j.beproc.2022.104693> *.*
14. Coelho, S., Mendonça, A., Maroco, J., Cardoso, S., **Mello**, Z. R., & Guerreiro, M. (2022). Time perspective and amnestic mild cognitive impairment among adults. *Journal of Neuropsychology, 16*(3),463-480.PMID: 35174621 https://doi.org/10.1111/jnp.12274
15. Li, X., Chen, W., Lyu, H., Worrell, F. C., & **Mello**, Z. R. (2022). Psychometric properties of the Chinese version of the Zimbardo Time Perspective Scale. *Current Psychology*, *1-13.* https://doi.org/10.1007/s12144-021-02622-6
16. McKay, M., Worrell, F. C., Perry, P., Chishima, J., Živkovič, U., **Mello**, Z. R., & Cole, J. (2022). “Even a broken clock is right twice a day”: The case of the Zimbardo Time Perspective Inventory. *Personality and Individual Differences, 184(1)*, 1-7. https://doi.org/10.1016/j.paid.2021.111157
17. **Mello**, Z. R., Barber, S. J., Vasilenko, S. A., +Chandler, J., & Howell, R. T. (2021). Thinking about the past, present, and future: Time perspective and self-esteem in adolescents, young adults, middle-aged adults, and older adults. *British Journal of Developmental Psychology, 40*(1)*,* 92-111*.* PMID: 34398498 <https://doi.org/10.1111/bjdp.12393> [top ten cited articles for the Journal in 2024]
18. Finan, L. J., Linden-Carmichael, A. N., Adams, A. R., \*Youngquist, A., Lipperman-Kreda, S., & **Mello**, Z. R. (2021). Time perspective and substance use: An examination across three adolescent samples. *Addiction Research and Theory*, *30*(2), 112-118. PMID: 35340990 https://doi.org/10.1080/16066359.2021.1948537
19. \*Moon, J., & **Mello**, Z. R. (2021). Time among the taunted: The moderating effect of time perspective on bullying victimization and self-esteem. *Journal of Adolescence, 89, 170-182.* PMID: 34020289 https://doi.org/10.1016/j.adolescence.2021.05.002
20. Assylkhan, K., \*Moon, J., Tate, C., Howell, R., & **Mello**, Z. R. (2021). Time beyond traits: Time perspective dimensions, personality traits, and substance use in adolescents. *Personality and Individual Differences, 179,* 1-7. https://doi.org/10.1016/j.paid.2021.110926
21. +Chandler, J., & **Mello**, Z. R., (2021). Negative life events and time perspective among adolescents. *Psi Chi Journal, 26*(1)*, 35-41*. https://doi.org/10.24839/2325-7342.JN26.1.35
22. Zhang, J. W., Howell, R. T., Pooya, R., Shaban-Azad, H., Chai, W. J., Ramis, T., **Mello**, Z. R., Anderson, C., & Keltner, D. (2021). Awe is associated with creative personality, convergent creativity, and everyday creativity. *Psychology of Aesthetics, Creativity, and the Arts*. https://doi.org/10.1037/aca0000442
23. Przepiorka, A., Blachnio, A., Jankowsk, T., **Mello**, Z. R., & Worrell, F. C. (2021). The assessment of time attitudes among adolescents and young adults with the Polish Adolescent and Adult Time Inventory – Time Attitude Scale (AATI-TA-Polish). *European Journal of Psychological Assessment. 38*(5), 370-384. https://doi.org/10.1027/1015-5759/a000671
24. Vásquez-Echeverría, A., Alvarez-Nuñez, L., **Mello**, Z. R., & Worrell, F. C. (2020). Time attitude profiles and health-related behaviors: Validation of scores on a Spanish version of the Adolescent and Adult Time Inventory–Time Attitudes (AATI-TA). *The Spanish Journal of Psychology, 23,* E51. PMID: 33213606https://doi.org/10.1017/SJP.2020.51

1. Yacob, E. T., Melaku, B. M., Worrell, F. C., & **Mello**, Z. R. (2020). Measuring time perspective in Ethiopian young adults using the Adolescent and Adult Time Inventory (AATI). *Journal of Psychology in Africa, 30*(6)*, 520-528*. https://doi.org/10.1080/14330237.2020.1842598
2. Finan, L. J., \*Moon, J., \*Kaur, M., Gard, D., & **Mello**, Z. R. (2020). Trepidation and time: An examination of anxiety and thoughts and feelings about the past, present, and future among adolescents. *Applied Developmental Science, 26*(2), 238-251. https://doi.org/10.1080/10888691.2020.1778476
3. Perry, J. L., Temple, E. C., Worrell, F. C., Živkovič, U., **Mello**, Z. R., Musil, B., Cole J. C., & McKay, M. T. (2020). Different version, similar result? A critical analysis of the multiplicity of shortened versions of the Zimbardo Time Perspective Inventory. *Sage Open, 10*(2), 1-15. https://doi.org/10.1177/2158244020923351
4. Worrell, F. C., **Mello**, Z. R., Laghi, F., Baiocco, R, and Lonigro, A. (2020). Time perspective constructs in Albanian and Italian adolescents: Exploratory analyses. *Psychological Reports, 124*(2), 693-719.PMID: 32216518 https://doi.org/10.1177/0033294120913493
5. Konowalczyk, S., Buhl, M., \*Moon, J., & **Mello**, Z. R. (2019). The past, present, and future all matter: How time perspective is associated with optimism and sensation seeking among young adults. *Research in Human Development*, *16*(2), 119-134*.* https://doi.org/10.1080/15427609.2019.1662709
6. **Mello,** Z. R. (2019). A construct matures: Time perspective’s multidimensional, developmental, and modifiable qualities. *Research in Human Development*, *16*, 93-102*.* PMID: 33033466https://doi.org/10.1080/15427609.2019.1651156
7. Konowalczyk, S., Rade, F. C. A., & **Mello**, Z. R. (2019). Time perspective, sports club membership, and physical self-concept among adolescents: A person-centered approach. *Journal of Adolescence, 72,* 141-151 *.* PMID: 30903931 https://doi.org/10.1016/j.adolescence.2019.02.008
8. Chishima, Y., Murakami, T., Worrell, F. C., & **Mello**, Z. R. (2019). The Japanese version of the Adolescent Time Inventory-Time Attitudes (ATI-TA) Scale: Internal consistency, structural validity, and convergent validity. *Assessment,* *26*, 181-192. PMID: 30740998 https://doi.org/10.1177/1073191116683800
9. **Mello**, Z. R., Oladipo, S. E., +Paoloni, V. C., & Worrell, F. C. (2019). Time perspective and risky behaviors among Nigerian young adults*.* *Journal of Adult Development, 26*(3), 161-171*.* https://doi.org/10.1007/s10804-018-9304-2
10. Temple, E.C., Perry, J., Worrell, F. C., Živkovič, U., **Mello**, Z. R., Musil, B., Cole, J. C., & McKay, M. T., (2019). The Zimbardo Time Perspective Inventory: Time for a new strategy, not more new shortened versions. *Time and Society, 28*(3)*,* 1167-1180. https://doi.org/10.1177/0961463X17718102
11. McKay, M. T., Worrell, F. C., Živkovič, U., Temple, L., **Mello**, Z. R., Musil, B., Cole, J. C., Andretta, J., & Perry, J. (2019). A balanced time perspective: Is it an exercise in empiricism, and does it relate meaningfully to health and well-being outcomes? *International Journal of Psychology, 54*(6), 775-785. PMID: 30206944https://doi.org/10.1002/ijop.12530
12. Dixson, D. D., Worrell, F. C., Keltner, D., & **Mello**, Z. R. (2018). The magic of hope: Hope mediates the relationship between socioeconomic status and academic achievement. *Journal of Educational Research, 111*(4), 507-515. https://doi.org/10.1080/00220671.2017.130291
13. Konowalczyk, S., **Mello**, Z. R., Röske, L. A. S., Buhl, M., Heim, R., & Worrell, F. C. (2018). Adolescent and Adult Time Inventory-Time Attitude Scales: Validity and contributions to physical activity and self-concept in Spanish adolescents. *International Perspectives in Psychology: Research, Practice, Consultation*, *7*, 76-90. https://doi.org/10.1037/ipp0000084
14. Worrell, F. C., Temple, E. C., McKay, M. T., Živkovič, U., Perry, J. L., **Mello**, Z. R., Musil, B., & Cole J. C. (2018). A theoretical approach to resolving the psychometric problems associated with the Zimbardo Time Perspective Inventory. *European Journal of Psychological Assessment*, *34*, 41-51. https://doi.org/10.1027/1015-5759/a000313
15. **Mello**, Z. R., +Walker, E. B., \*Finan, L. J., +Stiasny, A., +Wiggers, I. C., \*^McBroom, K. A., & Worrell, F. C. (2017). Time perspective, psychological outcomes, and risky behavior among runaway adolescents. *Applied Developmental Science, 22,* 233-243*.* https://doi.org/10.1080/10888691.2016.1276455
16. Dixson, D. D., Worrell, F. C., & **Mello**, Z. R. (2017). Profiles of hope: How clusters of hope relate to school variables. *Learning and Individual Differences, 59,* 55-64*.* https://doi.org/10.1080/00220671.2017.1302915
17. Juriševič, M., Worrell, F. C., and **Mello**, Z. R. (2017). Measuring time attitudes in Slovenia: Psychometric properties of the Adolescent and Adult Time Attitude Scale (AATI-TA). *Horizons of Psychology* [Psihološka obzorja], *26*, 89–97. https://doi.org/10.20419/2017.26.472
18. Şahin-Baltacı, H., Tagay, Ö., Worrell, F. C., & **Mello**, Z. R. (2017). Psychometric properties of Time Attitude Subscale scores of the Adolescent Time Inventory – Turkish. *International Perspectives in Psychology: Research, Practice, Consultation, 6,* 47-59. https://doi.org/10.1037/ipp0000066
19. Prow, R. M., Worrell, F. C., Andretta, J. R., & **Mello**, Z. R. (2016). Demographic differences in adolescent time attitude profiles: A person-oriented analysis using model-based clustering*. Berkeley Review of Education, 6*, 79-95*.* https://doi.org/10.5070/B86110030
20. **Mello**, Z. R., Zhang, J. W., Barber, S. J., +Paoloni, V. C., Howell, R. T., & Worrell, F. C. (2016). Psychometric properties of time attitude scores in young, middle, and older adult samples*.* *Personality and Individual Differences, 101*,57-61.https://doi.org/10.1016/j.paid.2016.05.037
21. \*Kaur, M., & **Mello**, Z. R. (2016). Positive and negative well-being among adolescents from theological and conventional schools in India. *Mental Health, Religion, and Culture, 19*(3), 229-239. https://doi.org/10.1080/13674676.2016.1165191
22. Worrell, F. C., Temple, E., McKay, M. T., Živkovič, U., Perry, J. L., **Mello**, Z. R., Musil, B., & Cole, J. C. (2016). A theoretical approach to the Zimbardo Time Perspective Inventory: Results from America, Australia, Slovenia, and the United Kingdom. *European Journal of Psychological Assessment*, *34*(1), 41-51. https://doi.org/10.1027/1015-5759/a000313
23. +^Jaramillo, J., **Mello**, Z. R., & Worrell, F. C. (2015). Ethnic identity, stereotype threat, and perceived discrimination among Native American adolescents. *Journal of Research on Adolescence*, *26*(4)*,* 769-775. PMID: 28453208 [https://doi.org/](http://dx.doi.org.jpllnet.sfsu.edu/10.1111/jora.12228)10.1111/jora.12228
24. McKay, M. T., Cole, J.C., Percy, A., Worrell, F. C., &, **Mello**, Z. R. (2015). Reliability and factorial validity of the Adolescent Time Inventory-Time Attitude (ATI-TA) Scores in Scottish and Northern Irish adolescents. *Personality and Individual Differences, 86*, 412-416. https://doi.org/10.1016/j.paid.2015.06.040
25. McKay, M. T., Dempster, M., & **Mello**, Z. R. (2015). Does consideration of future consequences moderate the relationship between aggression and alcohol use in adolescents? Results from the United Kingdom. *Addiction Research and Theory, 23*, 372-379. https://doi.org/10.3109/16066359.2015.1009830
26. Perry, J. L., McKay, M. T., Worrell, F. C., Živkovič, U., **Mello**, Z. R., & Musil, B. (2015). Measuring time perspective in adolescents: Can you get the right answer by asking the wrong questions? *Personality and Individual Differences*, *78*, 53-57. https://doi.org/10.1016/j.paid.2015.01.015
27. McKay, M. T., Worrell, F. C., Temple, E. C., Perry, J., Cole, J. C., &, **Mello**, Z. R. (2015). Less is not always more: The case of the 36-item short form of The Zimbardo Time Perspective Inventory. *Personality and Individual Differences*, *72*, 68-71*.* https://doi.org/10.1016/j.paid.2014.08.018
28. Andretta, J. R., Worrell, F. C., & **Mello**, Z. R. (2014). Predicting educational outcomes and psychological well-being in adolescents using time attitude profiles. *Psychology in the Schools, 51*(5)*,* 434-451*.* https://doi.org/10.1002/pits.21762
29. **Mello**, Z. R., \*Finan, L. J., & Worrell, F. C. (2013). Introducing an instrument to assess time orientation and time relation in adolescents. *Journal of Adolescence, 36*(3)*,* 551-563*.* PMID: 23582979 https://doi.org/10.1016/j.adolescence.2013.03.005
30. Worrell, F. C., **Mello**, Z. R., & Buhl, M. (2013). Introducing English and German versions of the Adolescent Time Attitude Scale (ATAS). *Assessment*, *20*(4), 496-510. PMID: 21266372 https://doi.org/10.1177/1073191110396202
31. Andretta, J. R., Worrell, F. C., **Mello**, Z. R., +^Dixson, D. D., & +^Baik, S. H.(2013). Demographic group differences in adolescents’ time attitudes. *Journal of Adolescence, 36*(2)*,* 289-301*.* PMID: 23274039 https://doi.org/10.1016/j.adolescence.2012.11.005
32. **Mello**, Z. R., \*Anton-Stang, H. M., \*Monaghan, P. L., \*Roberts, K. J., & Worrell, F. C. (2012). A longitudinal investigation of African American and Hispanic adolescents’ educational and occupational expectations and corresponding attainment in adulthood. *Journal of Education for Students Placed at Risk*, *17*(4)*,* 266-285.https://doi.org/10.1080/10824669.2012.717029
33. **Mello**, Z. R., Mallett, R. K., Andretta, J. R., & Worrell, F. C. (2012). Stereotype threat and school belonging in adolescents from diverse racial/ethnic backgrounds. *Journal of At-Risk Issues, 17*(1)*,* 9-14*.*
34. +Hand, L. H., \*Anton-Stang, H. M., & **Mello**, Z. R. (2012). An investigation of gender, perceived gender-barriers to a future occupation, and academic achievement among delinquent adolescents. *Modern Psychological Science*, *17*(2), 19-26.

11. Mallett, R. K., **Mello**, Z. R., Wagner, D. E., Worrell, F. C., Burrow, R. N., & Andretta, J. R. (2011). Do I belong? It depends on when you ask*. Cultural Diversity and Ethnic Minority Psychology, 17*(4)*,* 432-436. PMID: 21910519 https://doi.org/10.1037/a0025455

1. Meyer, E. L., Schaefer, B. A., Soto, C. M., Simmons, C. S., Anguiano, R., Brett, J., Holman, A., Martin, J. F., Hata, H. K., Roberts, K. J., **Mello**, Z. R., & Worrell, F. C.(2011). Factor structure of Child Behavior Scale scores in Peruvian preschoolers. *Psychology in the Schools, 48*(10),931-942.https://doi.org/10.1002/pits.20596
2. **Mello**, Z. R., +Bhadare, D., Fearn, E. J., Galaviz, M. M., Hartmann, E. S., & Worrell, F. C. (2009). The window, the river, and the novel: Examining adolescents’ conceptions of the past, the present, and the future. *Adolescence,* *44*(175), 539-556. PMID: 19950868
3. **Mello**, Z. R., Worrell, F. C., & Andretta, J. R. (2009). Variation in how frequently adolescents think about the past, the present, and the future in relation to academic achievement*. Research on Child and Adolescent Development* [Diskurs Kindheits- und Jugendforschung], *4*(2), 173-183.
4. Worrell, F. C., & **Mello**, Z. R. (2009). Convergent and discriminant validity of time attitude scores on the Adolescent Time Perspective Inventory. *Research on Child and Adolescent Development* [Diskurs Kindheits- und Jugendforschung], *4*(2), 185-196.
5. **Mello**, Z. R. (2009). Racial/ethnic group and socioeconomic status variation in educational and occupational expectations from adolescence to adulthood. *Journal of Applied Developmental Psychology,* *30*(4), 494-504. https://doi.org/10.1016/j.appdev.2008.12.029
6. **Mello**, Z. R. & Worrell, F. C. (2008). Gender variation in extracurricular activity participation and perceived life chances in Trinidad and Tobago adolescents. Psyche *[Psykhe]*, *17*(2), 91-102. https://doi.org/10.4067/S0718-22282008000200008
7. **Mello**, Z. R. (2008). Gender variation in developmental trajectories of educational and occupational expectations and attainment from adolescence to adulthood. *Developmental Psychology*, *44*(4), 1069-1080. PMID: 18605835 https://doi.org/10.1037/0012-1649.44.4.1069
8. **Mello**, Z. R., & Swanson, D. P. (2007). Gender differences in African American adolescents' personal, educational, and occupational expectations and perceptions of neighborhood quality. *Journal of Black Psychology*, *33*(2), 150-168. https://doi.org/10.1177/0095798407299514
9. Worrell, F. C., & **Mello**, Z. R. (2007). Reliability and validity of Zimbardo Time Perspective Inventory scores in academically talented adolescents. *Educational and Psychological Measurement, 67*(3),487-504. https://doi.org/10.1177/0013164406296985
10. **Mello**, Z. R., & Worrell, F. C. (2006). The relationship of time perspective to age, gender, and academic achievement among academically talented adolescents. *Journal for the Education of the Gifted*, *29*(3), 271-289. https://doi.org/10.1177/016235320602900302

## Non-Refereed Publications

**Mello**, Z. R., & Gordon, R. A. (2023). The Future of Colorism Science: Interdisciplinarity, Families, and Intervention. *Research in Human Development,* 1-6. 10.1080/15427609.2023.2261373

**Mello**, Z. R. (2022). Where is the money? A new conceptual model for examining perceived discrimination based on social class among adolescents. *PsychArchives*, 1-24. https://doi.org/10.23668/psycharchives.8189

Weinstein, R. S., Sami, N., & **Mello**, Z. R. (2016). Learning from Teacher-Student Advisories. In Weinstein, R. S., & F. C. Worrell (Eds.), *How a University-Charter District Partnership Created an Early College High School*. Oxford University Press, 95-117.

**Mello**, Z. R., & Worrell, F. C. (2015). The past, the present, and the future: A conceptual model of time perspective in adolescence. In Stolarski M., van Beek W., & Fieulaine, N. (Eds.), *Time Perspective Theory: Review, Research and Application. Essays in Honor of Philip Zimbardo*. Springer International Publishing, 115-129. https://doi.org/10.1007/978-3-319-07368-2

Buhl, M. & **Mello**, Z. R. (2009). Introduction to the Focused Topic. [Zum Schwerpunkt dieser Ausgabe]. *Journal for Research on Childhood and Adolescence* [Diskurs Kindheits- und Jugendforschung], 2, 151-152.

## Instruments & Manuals

**Mello**, Z. R., Worrell, F. C., Lee. J. Y., Chung, E. (2022). *The Adolescent and Adult Time Inventory – Korean*. San Francisco State University, The University of California, Berkeley.

**Mello**, Z. R., Worrell, F. C., M. Musil, B., Živkovič, U., & Juriševič, M. (2017). *The Adolescent and Adult Time Inventory – Slovenian*. San Francisco State University, The University of California, Berkeley, and The University of Llubljana.

**Mello**, Z. R., Worrell, F. C., Yacob, E. T., & Melaku, B. (2017). *The Adolescent Time Inventory – Amharic.* Unpublished scale. University of California, Berkeley and Heidelberg University.

**Mello**, Z. R., & Worrell, F. C. (2016). *The Adolescent Time Inventory: Technical manual.* San Francisco State University & The University of California, Berkeley.

**Mello**, Z. R., Worrell, F. C., & Sant’Ana, I. M. (2016). *The Adolescent and Adult Time Inventory – Portuguese (Brazilian)*. San Francisco State University & The University of California, Berkeley.

**Mello**, Z. R., Worrell, F. C., & Przepiorka, A. M. (2015). *The Adolescent Time Inventory – Polish*. San Francisco State University, The University of California, Berkeley, & John Paul II Catholic University of Lublin.

**Mello**, Z. R., Worrell, F. C., & Şahin-Baltacı, H. (2015). *The Adolescent Time Inventory – Turkish*. San Francisco State University, The University of California, Berkeley, & Pamukkale University.

**Mello**, Z. R., Worrell, F. C., & Kaur, M. (2015). The Adolescent Time Inventory *–* Hindi. San Francisco State University & The University of California, Berkeley.

**Mello**, Z. R., Worrell, F. C., Åström, E., & Carelli, M. G. (2014). *The Adolescent Time Inventory – Swedish.* San Francisco State University, The University of California, Berkeley, & Umeå Universitet.

**Mello**, Z. R., Worrell, F. C., & Chishima, Y. (2014). *The Adolescent Time Inventory – Japanese.* San Francisco State University, The University of California, Berkeley, & The University of Tsukuba.

**Mello**, Z. R., Worrell, F. C., & Rashid, K. (2013). *The Adolescent Time Inventory – Farsi.* San Francisco State University, University of California, Berkeley, & Bu-Ali Sina University.

**Mello**, Z. R., Worrell, F. C., Ling, S. C., & Xu, H. (2013). *The Adolescent Time Inventory – Chinese.* San Francisco State University, University of California, Berkeley, & University of California.

**Mello**, Z. R., Worrell, F. C., Laghi, F., Baiocco, R., & Lonigro, A. (2011). *The Adolescent Time Inventory – Italian.* University of Colorado, University of California, Berkeley, & Sapienza University of Rome.

**Mello**, Z. R., Worrell, F. C., Laghi, F., Baiocco, R., & Lonigro, A. (2011). The Adolescent Time Inventory *–* Albanian. The University of Colorado, University of California, Berkeley, & Sapienza University of Rome.

**Mello**, Z. R., Worrell, F. C., Anguiano, R. M., & Mendoza-Denton, R. (2010). *The Adolescent Time Inventory – Spanish.* University of Colorado & University of California, Berkeley.

**Mello**, Z. R., Worrell, F. C., & Buhl, M. (2008). *The Adolescent Time Inventory – German*. Frankfurt: German Institute for International Educational Research, University of Frankfurt/Main, & University of California, Berkeley.

**Mello**, Z. R., & Worrell, F. C. (2007). *The Adolescent Time Inventory – English*. University of California, Berkeley. https://faculty.sfsu.edu/~zmello/content/time-perspective.

## Newsletter Articles and Book Reviews

**Mello**, Z. (2023). Bringing Money Into The Fold: A New Conceptual Model for Examining Classism Among Adolescents. *European Association for Research on Adolescence Newsletter*, *May*.

**Mello**, Z. R. (2009). How do academically talented adolescents think about the past, the present, and the future? *Academic Talent Development Program Newsletter*, Summer Issue.

**Mello**, Z. R. (2008). An introduction to the young scholar’s corner. *International Society for the Study of Behavioral Development Newsletter*, *2*, 54.

**Mello**, Z. R. (2007). Considering today’s teenager: A contemporary perspective on adolescence. [Review of the book *Understanding youth: Adolescent development for educators.] Teacher Education, 18*, 369-371.

**Mello**, Z. R. (2004). Graduate student profile. *Society for Research on Adolescence* *Newsletter*, Spring Issue, 4-6.

Burton, L. M., Tubbs, C. Y., Odoms, A., Oh, H. J., **Mello**, Z. R., & Cherlin, A. (2002, July-August). Health and low-income families. *Poverty Research News: Newsletter for the Joint Center for Poverty Research*, *6*, 6-7.

**Mello**, Z. R. (2000, Fall). “What goes around comes around:” Volunteering for professional and personal development. *Society for Research on Child Development* *Newsletter*, *43*, 3-4.

## Reports

Burton, L. M., Tubbs, C. Y., Odoms, A., Oh, H. J., **Mello**, Z. R., & Cherlin, A. (2002, September). *Welfare reform, poverty, and health: Ethnographic perspectives on health status and health insurance coverage in low-income families*. Report submitted to the Kaiser Family Foundation.

Matlock, T., Gutíerrez-Rivas, H., Lippman, D., **Mello**, Z. R., & McLaughlin, B. (1998). *Knowledge of polysemous word meaning in bilingual and monolingual children*. Report for U.S. Department of Education, R306F60077.

## Theses

**Mello**, Z. R. (2005). *The development of educational and occupational expectations from adolescence to adulthood in relation to gender, racial/ethnic group, and parental and neighborhood socioeconomic status* [Doctoral dissertation, The Pennsylvania State University]. Dissertation Abstracts International: Section B: The Sciences and Engineering, 66(4-B). Committee comprised Drs. Burton, Jacobs, Reardon, and Worrell.

**Mello**, Z. R. (2000). *Tomorrow’s forecast: Future orientation as a protective factor among African American adolescents* [Unpublished master’s thesis]. The Pennsylvania State University. Committee comprised Drs. Burton, Jacobs, and Swanson.

## Invited Presentations

**Mello**, Z. R. (2024, October). *Class is in session: A new conceptual model for examining social class discrimination and developmental outcomes among adolescents.* Center for Poverty and Inequality Research, University of California, Davis.

**Mello**, Z. R. (2024, October). *Class counts too: Introducing a new model of social class discrimination among adolescents.* Queen’s University, Belfast, United Kingdom.

**Mello**, Z. R. (2024, September). *Money matters: Advancing Research on Social class discrimination among adolescents.* In Highlighting the NSF Social, Behavioral, and Economic Sciences Webcast for the California State University Office of the Chancellor.

**Mello**, Z. R. (2024, September). *Class matters: A new conceptual model for examining social class discrimination and developmental outcomes among adolescents.* Laura Taylor’s Research Group, University of College Dublin.

**Mello**, Z. R. (2024, June). *Class counts too: A new conceptual model of classism among adolescents.* Paper presented at Heidelberg University, Germany.

**Mello,** Z. R., (2024, April). *Folding in the cash: Introducing a new conceptual model for examining classism among adolescents.* Presented at the annual meeting of the Society for Research on Adolescence, Chicago, IL, United States.

**Mello**, Z. R. (2024, April). *Don’t Skip Class: A New Conceptual Model for Examining Classism and Developmental Outcomes Among Adolescents.* Presented at the Institute for Human Development, University of California, Berkeley.

**Mello**, Z. R. (2023, June). *Discrimination Based on Social Class and Tobacco Use Among Adolescents.* Presented at the Institute for Educational Research, Heidelberg University.

**Mello**, Z. R. (2021, May). *The "i" in Time: A subjective conceptualization and measurement of time perspective.* Presented at the Quantitative Analysis of Behavior (SQAB) annual virtual meeting.

**Mello**, Z. R., Buhl, M., Andretta, J. R., & Worrell, F. C. (2019, November). *Time attitudes and risky behaviors among adolescents in America and Germany*. Presented at the International Symposium on Time Perspective (Time Perspective—Beyond East and West), Southwest University, Chongqing, China.

**Mello**, Z. R., (2019, November). *It is about Time: Time perspective’s multidimensional, developmental, and modifiable qualities*. Presented at the International Conference on Time Perspective, Chongqing, China.

**Mello**, Z. R., (2019, May). *The psychology of time: How time perspectives are associated with health and human development.* Presented at the San Diego State University, San Diego, CA, USA.

**Mello**, Z. R., (2019, April). *A healthy time perspective? How thoughts and feelings about the past, present, and future are associated with psychological well-being and risky behaviors among adolescents.* Presented at the Midwestern Psychological Association, Chicago, IL, USA.

**Mello**, Z. R., (2018, March). *It is about time: How time perspective is associated with substance use among adolescents*. The Prevention Research Center, The Pacific Institute for Research and Evaluation, Oakland, CA, USA.

**Mello**, Z. R., (2017, November). *Measuring thoughts and feelings about the past, present, and future: Introducing the Adolescent and Adult Time Inventory*. The Methodology Center, The Pennsylvania State University, PA, USA.

**Mello**, Z. R., (2017, November). *It is about time: How time perspective is associated with health outcomes in adolescents*. The Edna Bennett Pierce Prevention Center, The Pennsylvania State University, PA. , USA.

**Mello**, Z. R., (2016, September). *Time perspective theory in adolescence: A construct matures*.Invited paper presented at Heidelberg University, Germany.

**Mello**, Z. R. (2016, July). *Time perspective in adolescence: Conceptual & methodological issues*. Paper presented at the Methodology Center, The Pennsylvania State University, PA, USA.

**Mello**, Z. R., (2014, March). A *cross-cultural examination of time perspective.* Invited paper presented at the biennial meeting of the German Educational Research Association, Berlin, Germany.

**Mello**, Z. R. (2009, March). *Investigating diverse adolescents' perceptions of time and group membership in relation to academic outcomes*. Invited paper presented at The Institute of Personality & Social Research Colloquia series, University of California, Berkeley, CA, USA.

**Mello**, Z. R., Worrell, F. C., & Buhl, M. (2008, May). *The Adolescent Time Perspective Inventory: Development and preliminary validity evidence*. Invited paper presented at the German Institute for International Educational Research, Frankfurt, Germany.

**Mello**, Z. R. (2008, March). *Time perspective: Examining how diverse adolescents think about the past, the present, and the future*. Invited paper presented at the Community on Diversity Affairs Special Speaker Series, Loyola University Chicago, IL, USA.

**Mello**, Z. R. (2007, June). *Adolescent time perspective: Conceptual and measurement issues*. Invited paper presented at the German Institute for International Educational Research, University of Frankfurt/Main, Germany.

**Mello**, Z. R. (2007, April). *Examining adolescent time perspective in the context of parental and neighborhood socioeconomic status*. International Seminar on the Psychology of Adolescence: Contexts of development, challenges, and solutions. Pontificia Catholic University, Santiago, Chile.

**Mello**, Z. R. (2006, May). *Time perspective among racial/ethnic minority and low-socioeconomic status adolescents*. Invited paper presented at the Psychology Department, University of California, Santa Cruz, CA, USA.

**Mello**, Z. R. (2002, November). *The relationship between future orientation and academic achievement among low-income African American adolescents*. Invited paper presented at the annual African American Success Foundation Summit, Fort Lauderdale, FL, USA.

## Chaired Symposia

Z. R. **Mello**, & M. Buhl (Co-Chairs). It’s about time: Advancing theory and measurement of time perspective in Brazil, Germany, Portugal, and the United States. Paper symposium presented at the biennial meeting of the International Society for the Study of Behavioral Development, Lisbon, Portugal.

Z. R. **Mello**, & R. A. Gordon (Co-Chairs). The Developmental Significance of Skin Color. Paper symposium presented at the biennial meeting of Society for the Study of Human Development, Philadelphia, PA.

Z. R. **Mello** (Chair). (2016, September). *Time perspective and identity formation*. Paper symposium presented at the biennial meeting of the European Association for Research on Adolescence, La Barossa, Spain.

Y. Chishima, R. Ishii, & Z. R. **Mello** (Co-Chairs). (2016, August). *Cross-cultural considerations for time attitudes: Perspectives from the United States, Germany, and Japan.* Paper symposium presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

Z. R. **Mello**, & M. Buhl (Chairs). (2015, March). *International studies on time perspective: How thoughts about the past, the present, and the future predict adolescent outcomes.* Poster symposium presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

Z. R. **Mello**, & F. C. Worrell (Chairs). (2012, September). *An international perspective on time perspective and developmental outcomes in adolescents*. Symposium conducted at the meeting of the 1st International Conference of Time Perspective, Coimbra, Portugal.

Z. R. **Mello** (Chair). (2006, April). *International perspectives on occupational future orientations from adolescence to adulthood in familial and social contexts*. Symposium conducted at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA, USA.

Z. R. **Mello**, & L. M. Martinez (Chairs). (2004, July). *Time and money: An international perspective on adolescents’ future orientations across family and socioeconomic contexts.* Symposium conducted at the biennial meeting of the International Society for the Study of Behavioral Development, Ghent, Belgium.

Z. R. **Mello**, & N. P. Gardner (Chairs). (2004, March). *Thinking about the future: Adolescents' negotiation across contexts of school, work, and neighborhood*. Symposium conducted at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD, USA.

D. P. Swanson, & Z. R. **Mello** (Chairs). (2003, April). *Across time and place: The future orientation of early to late-adolescents in varied contexts.* Symposium conducted at the biennial meeting of the Society for Research on Child Development, Tampa, FL, USA.

## Refereed Presentations

**Mello, Z. R.,** Kakar, V., Lipperman-Kreda, S., ^\*Herrera-Suarez, D., ^+Wong, T. C., \*Dogru, B., ^\*Suri, A., ^\*Abundis-Morales, Eytcheson, K. L. (September 2024). *Classism and Tobacco Use: How are Adolescents’ Experiences with Discrimination Based on Social Class Associated with Tobacco Use?*[Symposium]. Conference of the European Association for Research on Adolescence, Limassol, Cyprus.

**Mello,** Z. R., ^\*Herrera-Suarez, D., Kakar, V., Purnell, S. E., ^+Wong, T. C., \*Dogru, B., ^\*Suri, A., ^\*Abundis-Morales, M., Eytcheson, K. L. (September 2024). The Academic Cost of Classism: How Adolescents’ Experiences with Discrimination Based on Social Class are Associated with Academic Achievement. [Symposium]. Conference of the European Association for Research on Adolescence, Limassol, Cyprus.

**Mello,** Z. R., Buhl, M., Worrell, F. C., Carelli, M. G., Paixao, M. P. (June 20, 2024). *It’s about time: Advancing theory and measurement of time perspective in Brazil, Germany, Portugal, and the United States.* [Symposium]. International Society for the Study of Behavioral Development, Lisbon, Portugal.

**Mello**, Z. R., Kakar, V., Lipperman-Kreda, S., \*Dogru, B., ^\*Herrera-Suarez, D., ^\*Suri, A., ^\*Abundis-Morales, M., ^+Wong, T. (June 2024). *Folding in the Money: Examining how Classism is Associated with Academic Achievement Among Adolescents in the United States.* [Poster Presentation]. International Society for the Study of Behavioral Development, Lisbon, Portugal.

Kakar, V.,\*Bayazıtlı, I., & **Mello**, Z. R. (May 24, 2024). *Above and Beyond Personality: Time Attitudes and Academic Outcomes Among American Adolescents*. [Symposium]. Association for Psychological Science Annual Conference, San Francisco, CA, United States.

\*Eytcheson, K. L., Lipperman-Kreda, S., Kakar, V., Purnell, S. E., ^\*Herrera-Suarez, D., ^+Wong, T. C., \*Dogru B., ^\*Abundis-Morales, M., ^\*Suri, A., & **Mello,** Z. R. (2024, May 24). *Sexism and Risk-taking Behaviors: How is Discrimination Based on Gender Associated with Tobacco Use Among Adolescent Girls?* Poster presented at the Association for Psychological Science Annual Conference, San Francisco, CA, United States.

Kakar, V., Lipperman-Kreda, S., ^\*Herrera-Suarez, D., ^+Wong, T., \*Dogru, B., ^\*Suri, A., ^\*Abundis-Morales, M., & **Mello**, Z. R. (2024, May 25). *Classism and Tobacco Use: How are Adolescents Experiences with Discrimination Based on Social Class Associated with Tobacco Use.* Poster presented at the Association for Psychological Science Annual Conference, San Francisco, CA, United States.

^\*Herrera-Suarez, D., Purnell, S., ^+Wong, T. C., Kakar, V., ^\*Suri, A., \*Dogru, B., ^\*Abundis-Morales, M., & **Mello,** Z. R. (2024, April). *Classism and Academic Outcomes: How Adolescents’ Experiences with Discrimination Based on Social Class are Associated with Academic Achievement*. [Poster presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

^+Wong, T. C., +Eytcheson, K. L., Kakar, V., Purnell, S., ^\*Herrera-Suarez, D., ^\*Suri, A., \*Dogru, B., ^\*Abundis-Morales, M., & **Mello,** Z. R. (2024, April). *Sexism and Risk-Taking: How is Discrimination Based on Gender Associated with Tobacco Use Among Adolescent Girls.* [Poster presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

\*Dogru, B., **Mello,** Z. R.,Jaramillo, J., Purnell, S., Lipperman-Kreda, S., ^+Wong, T. C., ^\*Herrera-Suarez, D., ^\*Suri, A., & ^\*Abundis-Morales, M. (2024, April). *Classism and Tobacco Use: How Adolescents’ Experiences with Discrimination Based on Social Class are Associated with Tobacco Use.* [Poster presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

Finan, L. J., Jaramillo, J., & **Mello,** Z. R.(2024, April). *Intersectional discrimination and adjustment: Associations among adolescents’ experiences of racism, colorism, classism, and sexism and developmental outcomes.* [Poster presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

Beal, S. J. Crockett, L. J., Carlo, G., & **Mello,** Z. R. (2024, April). *Identity exploration among adolescents newly entering foster care: The role of race and class-based discrimination in shaping sense of self.* [Poster presentation]. Society for Research on Adolescence Annual Meeting, Chicago, IL, United States.

Kakar, V., Fardouly, J., Rapee, R., Guo, M., Arman, S., Niazi, E., & Mello, Z. R. (2024, April). *Exploring the Tripartite Influence Model of Body Image and Disordered Eating among Adolescent Girls Living in Australia, China, India, and Iran.* [Poster presentation]. Society for Research on Adolescence 2023 Annual Meeting, Chicago, IL, United States.

**Mello**, Z. R., Lipperman-Kreda, S., Herrera-Suarez, D., Purnell, S., & Kakar, V. (2024, March). *Class Matters: How Classism is Associated with Tobacco Use Among Adolescents*. The Society for Research on Nicotine and Tobacco, Edinburgh, Scotland.

**Mello**, Z. R., ^\*Centeno, B., \*Bayazıtlı, I., Purnell S. E., Herrera, D. & Cabilogan, J. N. (2023, October 13–15). Examining the association between colorism and developmental outcomes among Asian American adolescents. *The developmental significance of skin color*. The Society for the Study of Human Development (SSHD) 2023 Conference, Philadelphia, PA, United States.

^\*Centeno, B., \*Bayazıtlı, I., Bravo, D. Y., Reyes, D. G., Argueta Rodriguez, J. C., Cabilogan, J. N., Moon, J., Purnell S. E., & **Mello**, Z. R. (2023, October 13–15). Coloring schools and communities: The association between colorism, academic achievement, mental health, and substance use among Latinx adolescents. *The developmental significance of skin color* [Symposium]. The Society for the Study of Human Development (SSHD) 2023 Conference, Philadelphia, PA, United States.

**Mello**, Z. R., ^\*Centeno, B., \*Bayazıtlı, I., & Purnell S. E. (2023, October). *In wealth and health: Examining how classism is associated with tobacco use among adolescents*. The Society for the Study of Human Development (SSHD) 2023 Conference, Philadelphia, PA, United States.

**Mello**, Z. R., ^\*Centeno, B.,\*Bayazitli, I., Moon, J., ^+Cabilogan, J. N., ^+Grafil Reyes, D., & ^+Argueta Rodriguez, J. C. (2023, April). Show me the money: Introducing a new conceptual model for examining perceived discrimination based on social class among adolescents. *Intersections of Marginalization in Adolescent Development*. Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

^\*Centeno, B.,\*Bayazitli, I., Bravo, D. Y., ^+Grafil Reyes, D., ^+Argueta Rodriguez, J. C., ^+Cabilogan, J. N., Moon, J., Purnell, S., & **Mello**, Z. R. (2023, April). The colors of drugs: The association between colorism and substance use among Latinx adolescents. *Context matters! Factors impacting adolescent health risk behaviors*. [Symposium]. Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

Bayazitli, I., Moon, J., ^\*Centeno, B.,^+Cabilogan, J. N., ^+Grafil Reyes, D., ^+Argueta Rodriguez, J. C., & **Mello**, Z. R. (2023, April). *Time perspective, academic outcomes, and personality traits in adolescents* [Poster presentation]. Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

^+Cabilogan, J. N., ^\*Centeno, B.,\*Bayazitli, I., Moon, J., ^+Grafil Reyes, D., ^+Argueta Rodriguez, J. C., Chandler, S. P., Habash, N. & **Mello**, Z. R. (2023, April). *Examining the association between perceived discrimination based on immigration and tobacco use among Asian American immigrant adolescents* [Poster presentation]. Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

Moon, J., ^\*Centeno, B.,\*Bayazitli, I., ^+Cabilogan, J. N., ^+Grafil Reyes, D., ^+Argueta Rodriguez, J. C., & **Mello**, Z. R. (2023, April). *Sexism shapes lives: How perceived discrimination based on gender is associated with health outcomes among adolescents* [Poster presentation]. Society for Research on Adolescence 2023 Annual Meeting, San Diego, CA, United States.

^\*Centeno, B., Moon, J., Bayazitli, I., & **Mello**, Z. R. (2022, October). *A qualitative approach to understanding perceived discrimination based on immigration among adolescents*. Poster presented at the annual meeting of the National Latinx Psychological Association Conference, Denver, CO, USA.

^\*Centeno, B., Ben-Zeev, A., Moon, J., \*Bayazitli, I., & **Mello**, Z. R. (2022, October). *The moderating role of racial/ethnic identity on stereotype threat and the intellectual performance of Latinx groups*. Poster presented at the annual meeting of the National Latinx Psychological Association Conference, Denver, CO, USA.

**Mello,** Z. R., Moon, J., ^\*Centeno, B., & \*Bayazitli, I. (2022, August). *Time heals all wounds: The moderating role of time perspective on bullying victimization and tobacco use among adolescents in the United States.* Paper presented at the biennial meeting of the European Association of Research on Adolescence Conference, Dublin, Ireland.

**Mello,** Z. R., Moon, J., ^\*Centeno, B., & \*Bayazitli, I. (2022, August). *Where is the money? Introducing a new conceptual model for examining perceived discrimination based on socioeconomic status among adolescents.* Paper presented at the biennial meeting of the European Association of Research on Adolescence Conference, Dublin, Ireland.

Luo, H., Worrell, F. C., & **Mello**, Z. R. (2022, August). *Hope as a Mediator Between Ethnic-Racial Identity and Expectations for Discrimination*. Poster presented at the annual meeting of American Psychological Association, Minneapolis, Minnesota.

Carlos, E., Luo, H., Worrell, F. C., & **Mello**, Z. R. (2022, August). *Perceived Gender and Ethnic/Racial Barriers to College for Adolescents*. Poster presented at the annual meeting of American Psychological Association, Minneapolis, Minnesota.

Przepiórka, A., Błachnio, A., Jankowski, T., **Mello**, Z. R., & Worrell, F. C. (2022, July). *Polish Adolescent and Adult Time Inventory– Time Attitude Scale (AATI-TA-Polish)*. Poster presented at the 17th annual meeting of European Congress of Psychology, Ljubljana, Slovenia.

**Mello**, Z. R., Moon, J., ^\*Centeno, B., & \*Azzouz, L. (2022, March). *A conceptual model for the examination of perceived discrimination based on socioeconomic status among adolescents.* Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, USA.

Solka, J., Finan, L. J., ^\*Centeno, B., & **Mello**, Z. R. (2022, March). *Discrimination experiences from peers and adults: An exploration of classes and associated psychosocial adjustment outcomes.* Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, USA.

^\*Centeno, B., \*Kutner, J., Moon, J., & **Mello**. Z. R. (2022, March). *Perceived racial/ethnic discrimination and occupational expectations in STEM among racial/ethnic marginalized adolescents.* Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, USA.

^\*Centeno, B. A., \*Azzouz, L., Moon, J., ^+Romero, E., & **Mello**, Z. R. (2021, July). *Ethnic identity and time perspective in Latinx American adolescents*. Poster presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

**Mello**, Z. R., Finan, L.J., & \*Moon, J. (2021, July). *Examining associations between time perspective dimensions and tobacco use in three samples of American adolescents.* Paper presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

+Kutner, J., Moon, J., & **Mello**, Z. R. (2021, July). *Perceived racial/ethnic discrimination and occupational expectations in STEM among Asian American and Latinx American adolescents*. Poster presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

\*Moon, J., Finan, L. J., Hoff, C. C., & **Mello**, Z. R. (2021, July). *Time perspective and mental health outcomes in American young adults.* Poster presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

\*Moon, J., Hoff, C. C., & **Mello**, Z. R. (2021, July). *Time After Time: The test-retest reliability of the Adolescent and Adult Time Inventory.* Poster presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

+Simnegar, J., Moon, J., & **Mello**, Z. R. (2021, July). *Is time money? An investigation of the association between time perspective and socioeconomic status in American adolescents*. Poster presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

Worrell, F.C., Temple, E. C., McKay, M. T., Živkovič, U., Perry, J. L., **Mello**, Z. R., Bojan, M., & Cole, J. C. (2021, July). *Time perspective measurement: Current issues and future directions*. Paper presented at the 5th International Conference on Time Perspectives, Vilnius, Lithuania.

Finan, L. J., Adams, A., & **Mello**, Z. R. (2020, May). *Time perspective and substance use: An examination across three high schools*. Poster presented at the annual meeting of the Association of Psychological Science, Chicago, IL, USA.

`Worrell, F. C., Yacob, E. T., Melaku, B., & **Mello**, Z. R. (2020, May). *Examining Adolescent and Adult Time Inventory (AATI) scores in Ethiopia*. Poster accepted for presentation at the annual meeting of the Association of Psychological Science, Chicago, IL, USA.

`Beal, S. J., Nause, K., +^de la Piedra-Morrissey, O., & **Mello**, Z. R. (2020, March). *Looking to the future: Associations among adolescents’ expectations and health risk behavior in public high school and clinical samples*. Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

`**Mello**, Z. R., \*Moon, J., & \*Seril, L. (2020, March). *Feelings and thoughts about time among the intimidated: An examination of peer victimization and time perspective in adolescents.* Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

**`**\*Moon, J., Konowalczyk, S., Buhl, M., \*Seril, L., & **Mello**, Z. R. (2020, March). *A person-centered approach to the examination of time perspective, optimism, and sensation seeking in young adults.* Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

`\*Moon, J., \*Seril, L., & **Mello**, Z. R. (2020, March). *“They say time heals all wounds”: The interactive effect of peer victimization and time perspective on self-esteem in adolescents.* Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

`\*Seril, L., \*^Wahleithner, J., +Chase, J., Tate, C., \*Moon, J., & **Mello**, Z. R. (2020, March). *“Burn him… Change the world… Give people hope”: Reactions to the 2016 Presidential Election by diverse adolescents.* Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

`\*Seril, L., Tate, C., \*Moon, J., & **Mello**, Z. R. (2020, March). *Intimidation and inequality: Bullying, social dominance orientation, and gender among adolescents.* Poster accepted for presentation at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

**`**+^Chandler, J. V., & **Mello**, Z. R. (2019, March). *Adverse experiences accentuate the past: Negative life events and time perspective among adolescents.* Poster presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD, USA.

**`Mello**, Z. R., Tate, C., Finan, L., Lipperman-Kreda, S., & +^Chandler, J. V. (2019, March). *“I’m more afraid to tell my race now”: Adolescents respond to the election of Donald Trump.* Poster presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD, USA.

`+^Chandler, J. V., **Mello**, Z. R., Finan, L. J., & Lipperman-Kreda, S. (2019, March). *The healthiest live in the present and the future: Time perspective and substance use among adolescents.* Poster presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD, USA.

`**Mello**, Z. R., Finan, L. J., +^Alcaraz, L. & +^Poole, D. (2019, March). Risky business and behaviors: Adolescents’ occupational expectations, substance use, and anticipated sexual transmitted infection*.* In E. Sharp (Chair), *Adolescent Future Expectations and Aspirations, Adult Outcomes, and the Influence of Gender and Sociocultural Context* presented at the biennial meeting of the Society for Research on Child Development, Baltimore, MD, USA.

Lipperman-Kreda, S., Grube, J. W., Finan, L. J., Kaner, E., Balassone, A., Gaidus, A., Abadi, M., & **Mello**, Z. R. (2019, February). *Youth activity spaces, exposure to tobacco outlets, and perceptions of exposure to tobacco retail marketing*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA, USA.

Lipperman-Kreda, S., Grube, J. W., Finan, L. J., Kaner, E., Balassone, A., Gaidus, A., Abadi, M., & **Mello**, Z. R. (2019, February). *Youth daily exposure to tobacco outlets within their activity spaces and cigarette smoking behaviors*. Poster presented at the annual meeting of the Society for Research on Nicotine and Tobacco, San Francisco, CA, USA.

Konowalczyk, S., Wolter, V., Rade, A. C. F., Buhl, M., & **Mello**, Z. R. (2018, August). *Time attitude profiles among adolescents in Germany, Luxembourg, and Spain*. Paper presented at the 4th International Conference on Time Perspective, Nantes, France.

Worrell, F. C., Ling, S. C., Andretta, J. R., & **Mello**, Z. R. (2018, August). *Comparing time attitude clusters and time attitude latent profiles.* Paper presented at the 4th International Conference on Time Perspective, Nantes, France.

Worrell, F. C., Juriševič, M., Andretta, J. R., & **Mello**, Z. R. (2018, August). *Time Attitudes, the Big Five, and coping in Slovenian adolescents.* Paper presented at the 4th International Conference on Time Perspective, Nantes, France.

Worrell, F. C., Ling, S.C., & & **Mello**, Z. R. (2018, August). *Examining Adolescent and Adult Time Inventory Time Attitude scores in Singapore.* Poster presented at the 4th International Conference on Time Perspective, Nantes, France.

**Mello**, Z. R., Tate, C., +^Alcaraz, L., & +^Chandler, J. (2018, May). *“I’m scared and worried about my future”: Adolescents respond to the election of Donald Trump.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

+^Chandler, J., & **Mello**, Z. R. (2018, May). *Time orientation and self-esteem among adolescents and young adults.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

Worrell, F. C., Yacob, E. T., Melaku, B., & **Mello**, Z. R. (2018, May). *Examining Adolescent and Adult Time Inventory (AATI) scores in Ethiopia.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

Worrell, F. C., Soto, C. A., Mendoza-Denton, R., & **Mello**, Z. R. (2018, May). *Examining Adolescent and Adult Time Inventory (AATI) scores in Peru.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

**Mello,** Z. R., +^Poole, L., & +^Alcaraz, L. (2018, April).*“I want to be the first dude to smoke weed in space”: Adolescents’ occupational expectations and substance use*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN, USA.

**Mello**, Z. R., \*Youngquist, A., Lanza, S. T., & +^Chandler, J. (2017, April). *Time perspective and sexual risky behavior in adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Austin, TX, USA.

\*Kaur, K., +^Sewell, M. B., +^Poole, D. R., & **Mello**,Z. R**.** (2017, April). *Trepidation and time: Anxiety and perspectives towards the past, the present, and the future among adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Austin, TX, USA.

**Mello**, Z. R. (2016, September). Time perspective in adolescence: A construct matures. In Z. R. **Mello** (Chair), *Time Perspective and Identity Formation.* Symposium presented at the biennial meeting of the European Association for Research on Adolescence, La Barrosa, Spain.

\*Youngquist, A. L., +^Solis, G. M., \*Kaur, M., **Mello**, Z. R., & Worrell, F. C. (2016, September). *Adolescent time orientation as a predictor of substance use on school property*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Cadiz, Spain.

+^Chandler, J. V., & **Mello**, Z. R. (2016, September). *Time orientation and self-esteem in young adults*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Cadiz, Spain.

Şahin-Baltacı, H., Tagay, Ö., Worrell, F. C., & **Mello**, Z. R. (2016, September). *Psychometric properties of Time Attitude Subscale scores of the Adolescent Time Inventory – Turkish*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Cadiz, Spain.

**Mello**, Z. R., & \*Kaur, M. (2016, August). Theoretical perspectives on time perspective and culture. In Y. Chishima, R. Ishii, & Z. R. **Mello** (Co-Chairs), *Cross-cultural considerations for time attitudes: Perspectives from the United States, Germany, and Japan.* Symposium presented at the 3rdInternational Conference on Time Perspective, Copenhagen, Denmark.

**Mello**, Z. R., Worrell, F. C., & Buhl, M. (2016, August). *Tensions in time perspective: Current debates in the field—theory and development*. Debate presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

+Paoloni, V. C., +Walker, E. B., & **Mello**, Z. R. (2016, August). *Cognitive flexibility and time perspective in American college students*. Poster presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

**Mello**, Z. R., \*Youngquist, A. L., +^Solis, G. M., & +^Tavakoli, M. (2016, August). *Time orientation as an indicator of adolescent substance use in school.* Poster presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

**Mello**, Z. R., \*Collins, C. C., +^Chandler, J., & Barber, S. (2016, August). *Time perspective and age: Time orientation in younger and older adults*. Poster presented at the 3rd International Conference on Time Perspective, Copenhagen, Denmark.

+Walker, E., +^Solis, G., \*Finan, L., **Mello**, Z. R., & Worrell, F. C. (2016, April). *Time relation in runaway and non-runaway adolescents*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD, USA.

Prow, R. M., Worrell, F. C., Andretta, J. R., & **Mello**, Z. R. (2015, November). *Demographic differences in adolescent time attitude profiles: A person-oriented analysis using model-based clustering.* Paper presented at the Berkeley Unified School District Educational Research Symposium, Berkeley, CA, USA.

Merino Soto, C. A., Worrell, F. C., Mendoza-Denton, R., & **Mello**, Z. R. (2015, July). *Adolescent Time Inventory (ATI): Estudio piloto de una escala de perspectiva del tiempo para adolescentes.* Paper presented at the 35th Interamerican Conference of Psychology, Lima, Perú.

+Walker, E. B., **Mello**, Z. R., & Worrell, F. C. (2015, May). *Comparing runaway and non-runaway adolescents' risk-taking behavior and time orientation*. Poster presented at Stanford Undergraduate Psychology Conference, Stanford, CA, USA.

+^Mayes, I., **Mello**, Z. R., & Worrell, F. C. (2015, April-May). *Perceived college barriers predict educational attainment in Latino/a adolescents.* Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV, USA.

+Davidson, A. L., \*Youngquist, A. L., & **Mello**, Z. R. (2015, April-May). *Adolescent time orientation as a predictor of substance use.* Poster presented at the annual meeting of the Western Psychological Association, Las Vegas, NV, USA.

**Mello**, Z. R. (2015, April). *The Past, the present, and the future: A conceptual model of time perspective with implications for educational interventions*. Poster presented at the annual meeting of the American Educational Research Association, Chicago, IL, USA.

Buhl, M., Kuhn, H. P., **Mello**, Z. R., & Worrell, F. C. (2015, March). Zusammenhänge zwischen der Entwicklung von Zeitperspektive und Selbstreguliertem Lernen in der Sekundarstufe [*Relationships between the development of time perspective and self-regulated learning in secondary students*]. Paper presented at the annual meeting of The Educational Science and Educational Psychology Association, Bochum, Germany.

\*^Marquez, C., \*Youngquist, A., +Paoloni, V. C., +Walker, E. B., & **Mello**, Z. R. (2015, March). *Time perspective and well-being: Adolescents who talk with their parents about the past, present, and future are physically healthier*. Poster presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

\*Youngquist, A., \*^Marquez, C., +Paoloni, V. C., +Walker, E. B., & **Mello**, Z. R. (2015, March). *Time perspective and well-being: Adolescents who talk with peers about the past, present, and future are physically healthier*. Poster presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

**Mello**, Z. R., +^Jaramillo, J., & Worrell, F. C. (2015, March). *Ethnic identity, stereotype threat, and academic achievement in Native American adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

**Mello**, Z. R., (2015, March). How thoughts and attitudes about the past, the present, and the future predict outcomes in adolescence. In Z. R. **Mello** and M. Buhl (Co-Chairs), *International studies on time perspective.* Poster Symposium presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

Worrell, F. C., **Mello**, Z. R., & International Collaborators. (2015, March). Validating Adolescent Time Inventory-Time Attitude scores in samples from eight countries. In Z. R. **Mello** and M. Buhl (Co-Chairs), *International studies on time perspective: How thoughts about the past, the present, and the future predict adolescent outcomes.* Poster Symposium presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

Buhl, M., **Mello**, Z. R., Kuhn, H., & Worrell, F. C. (2015, March). *Time perspective and self-regulated learning in German adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Philadelphia, PA, USA.

**Mello**, Z. R. (2014, July-August). *Conceptualizing and measuring time perspective in adolescence: International implications*. Paper presented at the 2nd International Conference on Time Perspective, Warsaw, Poland.

**Mello**, Z. R., Oladipo, S., & Worrell, F.C. (2014, July-August). *Time relation in American and Nigerian adolescents and young adults*. Poster presented at the 2nd International Conference on Time Perspective, Warsaw, Poland.

Buhl, M., **Mello**, Z. R., Kuhn, H. P., & Worrell, F. C. (2014, July-August). *Time perspective and political orientation in adolescence*. Paper presented at the 2nd International Conference on Time Perspective, Warsaw, Poland.

Konowalczyk, S., Heim, R., **Mello**, Z. R., & Buhl, M. (2014, July-August). *An international comparison of confirmatory factorial structure and latent profiles regarding the construct of adolescent time perspective*. Poster presented at the 2nd International Conference on Time Perspective, Warsaw, Poland.

**Mello**, Z. R., Rashid, K., Worrell, F. C., & Fathi, F. (2014, July-August). *Validating Adolescent Time Attitude Scores (ATAS) in a sample of Iranian adolescents*. Poster presented at the 2nd International Conference on Time Perspective, Warsaw, Poland.

Dixson, D. D., Keltner, D., Worrell, F. C., & **Mello**, Z. R. (2014, May). *Does social desirability affect time perspective scores?* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

Dixson, D. D., Keltner, D., Worrell, F. C., & **Mello**, Z. R. (2014, May). *The magic of hope: Mediator of the relationship between SES and GPA.* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

Ling, S. C., Xu, H., Worrell, F. C., & Mello, Z. R. (2014, May). *Introducing the Chinese version of the Adolescent Time Attitude Scale (ATAS).* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

**Mello**, Z. R., Oladipo, S., \*Anton, L., \*Bowen, K.D., & Worrell, F. C. (2014, May). *A cross-cultural examination of time perspective in America and Nigeria*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

**Mello**, Z. R. (2014, March). *Conceptualizing time perspective in adolescence: Dimensions, development, and culture.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX, USA.

+^Jaramillo, J. N., **Mello**, Z. R., &, Worrell, F. C. (2014, March). *Ethnic identity, discrimination, and psychological well-being in Native American adolescents*. Poster presented at the biennial meeting of the Society for Research on adolescence, Austin, TX, USA.

**Mello**, Z. R., +Saxon, A. M., +Wiggers, I.C., &, Worrell, F. C. (2014, March). *Comparing runaway and non-runaway adolescents in time perspective, risky-behavior, and optimism.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Austin, TX, USA.

**Mello**, Z. R., \*Finan, L. J., +^Jaramillo, J. N., &, Worrell, F. C. (2013, April). *How is time frequency related to risky behavior among Native American adolescents?* Poster presented at the Society for Research on Child Development, Seattle, WA, USA.

**Mello**, Z. R., \*Finan, L. J., & Worrell, F. C. (2012, September). *Time orientation, time relation, and risky behaviors among adolescents in the United States.* Poster presented at the 1st International Conference of Time Perspective, Coimbra, Portugal.

**Mello**, Z. R., \*Finan, L. J., & Worrell, F. C. (2012, September). *Time perspective and racial/ethnic group membership among adolescents in the United States.* Poster presented at the 1st International Conference of Time Perspective, Coimbra, Portugal.

\*Finan, L. J., **Mello**, Z. R., & Worrell, F.C. (2012, March). *The role of the past: Time frequency and time attitudes in adolescents.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, Canada.

\*^McBroom, K., **Mello**, Z. R., & Worrell, F. C. (2012, March). *Comparing runaway and non-runaway adolescents’ attitudes toward the past, the present, and the future.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Vancouver, Canada.

Winters, L., Qureshi, L., Brown, N., **Mello**, Z. R., & \*^McBroom, K. (2012, March). *Impact of Trauma on adolescents: Screening for symptoms and help-seeking behaviors in response to traumatic experiences using the Wellness Assessment for Teens to Get Organized (WAY2GO!) Online Survey*. Poster presented at the annual meeting of the Society for Adolescent Health and Medicine, New Orleans, LA, USA.

Andretta, J. R., **Mello**, Z. R., & Worrell, F. C., (2011, August). *An examination of risky behavior and educational outcomes across time attitude profiles.* Poster presented at the annual meeting of the American Psychological Association, Washington, DC, USA.

Barry, C. Y., Vandiver, B. J., Worrell, F. C., & **Mello**, Z. R. (2011, August). *Effects of time perspective and ethnic identity on Asian and Caucasian American students’ academic achievement at the secondary level.* Poster presented at the annual meeting of the American Psychological Association, Washington, DC, USA.

**Mello**, Z. R., \*Anton-Stang, H. M., +Hand, L. A., +^Gutíerrez, C. M., +^Benight, S. K., & \*^McBroom, K. A. (2011, March). *Predicting adolescent substance use with attitudes toward the past, the present, and the future*. Poster presented at the biennial meeting of the Society for Research on Child Development, Montreal, Canada.

+^Gutíerrez, C. M., **Mello**, Z. R., \*Anton-Stang, H. M., & Worrell, F. C. (2011, March). *Latino adolescents’ attitudes toward the past, the present, and the future in relation to academic achievement*. Poster presented at the biennial meeting of the Society for Research on Child Development, Montreal, Canada.

Andretta, J. R., Baik, S., \*Coté, J. S., +^Dixson, D. D., \*^Ramarajan, D., **Mello**, Z. R., & Worrell, F.C. (2010, August). *Themes in adolescents’ descriptions of the past, the present, and the future*. Poster presented at the annual meeting of the American Psychological Association, San Diego, CA, USA.

**Mello**, Z. R., \*Anton-Stang, H. M., \*Monaghan, P. L., & Worrell, F. C. (2010, July). *Time meaning and academic achievement in American adolescents*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Lusaka, Zambia.

**Mello**, Z. R., \*Anton-Stang, H. M., \*Monaghan, P. L., & Worrell, F. C. (2010, July). *An investigation of the relationship between time frequency and time attitudes in American adolescents*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Lusaka, Zambia.

\*Anton-Stang, H.M., **Mello**, Z. R., \*Monaghan, P. L., +^Gutíerrez, C. M., & Worrell, F. C. (2010, July). *Circle figures indicating the past, the present, and the future to predict risky behavior in adolescents from the United States*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Lusaka, Zambia.

Buhl, M., Höhler, J., **Mello**, Z. R., & Worrell, F. C. (2010, July). *Time perspective during adolescence: measure, profiles, and correlations with personality traits and school experiences*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Lusaka, Zambia.

**Mello**, Z. R. (2010, April). *The past, the present, and the future: A new conceptual model of time perspective.* Poster presented at the annual meeting of American Educational Research Association, Denver, CO, USA.

**Mello**, Z. R., \*Roberts, K. J., Worrell, F. C., & \*Monaghan, P. L. (2010, March). *African American developmental trajectories of educational expectations: Connecting adolescent expectations to adult attainment.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA, USA.

**Mello**, Z. R., & Worrell, F. C. (2010, March). *Validity of adolescents’ scores on a measure of time orientation and time relation*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Philadelphia, PA, USA.

Andretta, J. R., **Mello**, Z. R., Worrell, F. C., +^Baik, S., \*Coté, J. S., +^Dixson, D. D., & \*^Ramarajan, D. (2009, August). *Gender and racial/ethnic differences in adolescents’ attitudes toward the past, the present, and future*. Poster presented at the American Psychological Association, Toronto, Canada.

**Mello**, Z. R., \*^Ramarajan, D., \*Coté, S. S., Andretta, J. R., +^Baik, S., +^Dixson, D. D., & Worrell, F. C. (2009, May). *African American and Latino adolescents’ perceptions of barriers and academic outcomes*. Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

Andretta, J. R., **Mello**, Z. R., Worrell, F. C., +^Baik, S., \*Coté, S. S., +^Dixson, D. D., & Ramarajan, D. (2009, May). *How do adolescents’ attitudes toward the past, the present, and the future predict their academic achievement?* Poster presented at the annual meeting of the Association for Psychological Science, San Francisco, CA, USA.

**Mello**, Z. R., & Worrell, F. C. (2009, April). *Using how frequent adolescents think about the past, the present, and the future to predict academic achievement*. Poster presented at the biennial meeting of the Society for Research on Child Development, Denver, CO, USA.

**Mello**, Z. R., Mallett, R. K., Worrell, F. C., & Andretta, J. R. (2008, July). *Testing stereotype threat in a diverse U.S. adolescent population*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Würzburg, Germany.

Worrell, F. C., **Mello**, Z. R., & Buhl, M. (2008, July). *Examining English and German versions of an Adolescent Time Perspective Measure*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Würzburg, Germany.

**Mello**, Z. R., & Worrell, F. C. (2008, July). *Racial/Ethnic and gender variation in adolescents’ perceptions of barriers*. Poster presented at the biannual meeting of the International School Psychology Association, Utrecht, Netherlands.

**Mello**, Z. R., & Worrell, F. C. (2008, July). *The Adolescent Time Perspective Inventory: development and preliminary validity evidence*. Paper presented at the American Educational Research Association Postdoctoral Fellows Retreat, National Harbor, MD, USA.

**Mello**, Z. R., Worrell, F. C., & +Bhadare, R. (2008, May). *Using circle figures indicating the past, the present, and the future to predict academic achievement in adolescents*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Turin, Italy.

Worrell, F. C., **Mello**, Z. R., Mallett, R. K., & Andretta, J. R. (2008, May). *Using stereotype threat and ethnic identity to predict academic achievement in diverse adolescents in the U.S*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Turin, Italy.

**Mello**, Z. R., & Worrell, F. C. (2008, March). *Time perspective measurement, perceptions of barriers, and stereotype threat in racially/ethnically diverse adolescents.* Poster presented at the annual meeting of American Educational Research Association, New York City, NY, USA.

\*Roberts, K. J., **Mello**, Z. R., & Worrell, F. C. (2008, March). *Predicting Hispanic adolescents’ high school dropout status with educational expectations*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, USA.

Buhl, M., **Mello**, Z. R., & Worrell, F. C. (2008, March). *Examining validity and reliability evidence for Adolescent Time Perspective Measure (ATPM) scores in a German sample*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, USA.

**Mello**, Z. R., Andretta, J. R., +Bhadare, D., Fearn, E., Galaviz, M., Hartmann, E., Young, A., & Worrell, F. C. (2007, August). *Adolescent time perspective: Temporal dimensions and implications for psychological development*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA, USA.

Simmons, C. M., Soto, C. M., Worrell, F. C., Anguiano, R., Brett, J., Holman, A., Martin, J. F., Hata, H. K., Roberts, K. J., **Mello**, Z. R., & Schaefer, B. A. (2007, August). *Validity of Child Behavior Checklist scores in a Peruvian sample*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA, USA.

**Mello**, Z. R., & Worrell, F. C. (2007, April). *Adolescent time perspective among racial/ethnic minority adolescents*. Poster presented at the annual meeting of the American Educational Research Association, Chicago, IL, USA.

**Mello**, Z. R. (2007, April). *Time perspective: Examining how adolescents think about the past, the present, and the future*. Paper presented at the Human Development Colloquium, Graduate School of Education, University of California, Berkeley.

**Mello**, Z. R., \*Roberts, K. J., & Worrell, F. C. (2007, March). Examining the link between adolescent educational expectations and adult educational attainment among African American males. In D. Wood (Chair), *Future orientation and the gender gap in African American achievement*. Paper presented at the biennial meeting of the Society for Research on Child Development, Boston, MA, USA.

**Mello**, Z. R., Swanson, D. P., & Worrell, F. C. (2006, July). *Gender differences in African American adolescents’ future expectations and perceptions of neighborhood quality*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Melbourne, Australia.

Worrell, F. C., & **Mello**, Z. R. (2006, July). *Perceived life chances: Establishing construct validity*. Poster presented at the biennial meeting of the International Society for the Study of Behavioral Development, Melbourne, Australia.

**Mello**, Z. R., & Worrell, F. C. (2006, May). *Variation in time perspective scores by age, gender, and academic achievement among adolescents in the U.S.A*. Poster presented at the biennial meeting of the European Association for Research on Adolescence, Antalya, Turkey.

Worrell, F. C., & **Mello**, Z. R. (2006, May). *Self-concept scores in Trinidadian adolescents.* Poster presented at the biennial meeting of the European Association for Research on Adolescence, Antalya, Turkey.

**Mello**, Z. R., & Worrell, F. C. (2006, April). *Developmental trajectories of educational and occupational expectations from adolescence to adulthood: Examining variation by parental education, occupation, and income.* Poster presented at the biennial meeting of the American Educational Research Association, San Francisco, CA, USA.

**Mello**, Z. R., & Worrell, F. C. (2006, March). Developmental trajectories of occupational expectations from adolescence to adulthood by socioeconomic status and race/ethnicity. In Z. R. **Mello** (Chair), *International perspectives on occupational future orientations from adolescence to adulthood in familial and social contexts.* Paper presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA, USA.

**Mello**, Z. R. (2006, March). *Gender differences in developmental trajectories of occupational expectations from adolescence to adulthood.* Poster presented at the biennial meeting of the Society for Research on Adolescence, San Francisco, CA, USA.

**Mello**, Z. R. (2005, April). *Developmental trajectories of educational expectations by racial/ethnic group and gender.* Poster presented at the biennial meeting of the Society for Research on Child Development, Atlanta, GA, USA.

**Mello**, Z. R. (2004, July). The development of U.S.A. adolescents’ educational expectations by parental socioeconomic status. In Z. R. **Mello**, & L. M. Martinez (Chairs), *Time and money: An international perspective on adolescents’ future orientations across family and socioeconomic contexts.* Symposium conducted at the biennial meeting of the International Society for the Study of Behavioral Development, Ghent, Belgium.

**Mello**, Z. R. (2004, April). Educational expectations from adolescence to adulthood: Examining variation by parental socioeconomic status and racial/ethnic group. In Hood, D. (Chair), *High school and beyond: Adolescents’ schooling and development*. Symposium conducted at the annual meeting of the American Educational Research Association, San Diego, CA, USA.

**Mello**, Z. R., & Swanson, D. P. (2004, March). Gender differences in African American adolescents' expectations, neighborhood quality, and occupational opportunity. In Z. R. **Mello** & N. P. Gardner (Chairs), *Thinking about the future: Adolescents' negotiation across contexts of school, work, and neighborhood*. Symposium conducted at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD, USA.

**Mello**, Z. R. (2004, March). Adolescents’ educational expectations, socioeconomic status, and racial/ethnic group membership. In D. P. Swanson & E. Loken (Chairs), *Special* *Student Poster Symposium*. Symposium conducted at the biennial meeting of the Society for Research on Adolescence, Baltimore, MD, USA.

**Mello**, Z. R., & Swanson, D. P. (2003, June). *Tomorrow’s forecast: Future expectations as a protective factor among low-income African American adolescents.* Poster presented at the Sixth Annual Summer Institute on Developmental Science, Uppsala University, Sweden.

**Mello**, Z. R., & Swanson, D. P. (2003, April). Planning for the future: Gender differences in African American adolescents’ future orientation. In D. P. Swanson & Z. R. **Mello** (Chairs), *Across time and place: The future orientation of early to late-adolescents in varied contexts.* Symposium conducted at the biennial meeting of the Society for Research on Child Development, Tampa, FL, USA.

**Mello**, Z. R. (2003, April). *African American adolescents’ future orientation in the context of perceived family conflict and self-esteem*. Poster presented at the biennial meeting of the Society for Research on Child Development, Tampa, FL, USA.

Cooper, C. R., Cooper, R. C., Chavira, G., **Mello**, Z. R., & Mikluski, D. (2002, August). The role of families in identity development and pathways to college: Both challenges and resources for African American and Latino Youth. In C. R. Cooper & R. Seginer (Chairs), *Families and culture in adolescent future orientation and identity Development*. Symposium conducted at the biennial meeting of the International Society for the Study of Behavioral Development, Ottawa, Canada.

Worrell, F. C., & **Mello**, Z. R. (2002, June). *Reliability and validity of Zimbardo Time Perspective scores in academically talented adolescents*. Paper presented at the Hawaii International Conference on the Social Sciences, Honolulu, HI, USA.

**Mello**, Z. R., & Swanson, D. P. (2002, April). *Looking ahead: African American adolescents’ future orientation and academic achievement*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, USA.

Swanson, D. P., Cunningham, M., Dotterer, A., & **Mello**, Z. R. (2002, April). *Beneath the surface: Alternative determinants of aggressive attitudes among African American adolescent males*. Poster presented at the biennial meeting of the Society for Research on Adolescence, New Orleans, LA, USA.

**Mello**, Z. R. (2001, April). *Tomorrow’s forecast: Future orientation as a protective factor among low-income African American adolescents*. Poster presented at the biennial meeting of the Society for Research on Child Development, Minneapolis, MN, USA.

Swanson, D. P., & **Mello**, Z. R. (2001, April). Racial identity and spirituality: Developing perspectives on life. In S. G. Fegley & D. P. Swanson (Chairs), *Identity, spirituality, and resilience: Connecting the missing link.* Paper symposium conducted at the meeting of the Society for Research on Child Development, Minneapolis, MN, USA.

Swanson, D. P., & **Mello**, Z. R. (2000, March). *Eurocentric attitudes and differential gender effects on achievement attitudes.* Poster presented at the biennial meeting of the Society for Research on Adolescence, Chicago, IL, USA.

**Mello**, Z. R. (1999, April). *Young African American mothers’ future orientation: Do neighborhood and school contexts matter?* Poster presented at the biennial meeting of the Society for Research on Child Development, Albuquerque, NM, USA.

**Mello**, Z. R., & Burton, L. M. (1998, August). *Looking to the future: Expectations and*

*perceptions of young African American mothers in high-risk environments*. Poster presented at the annual meeting of the American Psychological Association, San Francisco, CA, USA.

**Mello**, Z. R. (1998, February). *Pathways of identity exploration in Latino and African American students participating in university academic outreach programs*. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA, USA.

Harrington, D. M., Sanders, P. E., Chin, S. C., **Mello**, Z. R., & Rickey, A. D. (1997, April). *Creative activities as means by which adolescents address various developmental tasks.* Poster presented at the biennial meeting of the Society for Research on Child Development, Washington, DC, USA.

Mohr, J., Harrington, D. M., Sanders, P. E., Chin, S. C., **Mello**, Z. R., & Rickey, A. D. (1997, April). *An attachment-theoretical perspective on adolescent artistic activity.* Poster presented at the biennial meeting of the Society for Research on Child Development, Washington, DC, USA.

Cooper, C. R., Azmitia, M., Cooper, R. G., Lopez, E. M., Dunbar, N., Figueroa, J., & **Mello**, Z. R. (1996, April). Language minority students' multiple worlds: African American and Latino youth in academic outreach programs. In P. Gandara (Chair), *Bridging elementary, secondary, and higher education: Access, opportunities, and achievement*. Symposium conducted at the meeting of the Linguistic Minority Research Institute, Sacramento, CA, USA.

## Non-Refereed Presentations

**Mello**, Z. R. (2024, May). *A longitudinal investigation of social class discrimination and academic outcomes among adolescents.* Paper presented at the SPA-MBB Brown Bag Series, San Francisco State University, San Francisco, CA, USA.

**Mello**, Z. R. (2023, March). *Centering class: How perceived discrimination based on social class is associated with academic outcomes, mental health, and substance use.* Paper presented at the SPA-MBB Brown Bag Series, San Francisco State University, San Francisco, CA, USA.

**Mello**, Z. R. (2022, February). *Academic outcomes and perceived discrimination based on social class and race/ethnicity among Latinx high school students.* Paper presented at the SPA-MBB Brown Bag Series, San Francisco State University, San Francisco, CA, USA.

**Mello**, Z. R. (2021, September). *Tobacco/nicotine use and perceived discrimination based on socioeconomic status among adolescents*. Paper presented at the SPA-MBB Brown Bag Series, San Francisco State University, San Francisco, CA, USA.

**Mello**, Z. R. (2020, September). *Looking backward, looking forward: How time perspective moderates the associations between racial and gender discrimination and tobacco use in adolescents*. Paper presented at the SPA-MBB Brown Bag Series, San Francisco State University, San Francisco, CA, USA.

\*Moon, J., Finan, L. J., Gard, D., & **Mello**, Z. R. (2019, June). *Time and trepidation: An examination of thoughts and feelings about the past, present, and future and anxiety among adolescents*. Poster presented at the Bay Area Affective Science Meeting, San Francisco State University, San Francisco, CA, USA.

\*Kaur, M. & **Mello**, Z. R. (2016, May). *Positive and negative well-being among adolescents from theological and conventional schools in India.* Poster presented at the College of Science and Engineering Student Project Showcase, San Francisco State University, San Francisco, CA, USA.

\*Youngquist, A. L. & **Mello**, Z. R. (2016, May). *Bullying, time perspective, and self-esteem among adolescents.* Poster presented at the College of Science and Engineering Student Project Showcase, San Francisco State University, San Francisco, CA, USA.

+Walker, E. & **Mello**, Z. R. (2016, May). *Time perspective and self-esteem in young adults.* Poster presented at the College of Science and Engineering Student Project Showcase, San Francisco State University, San Francisco, CA, USA.

\*Kaur, M. & **Mello**, Z. R. (2016, April). *Positive and negative well-being among adolescents from theological and conventional schools in India.* Poster presented at the Graduate Research Showcase, San Francisco State University, San Francisco, CA, USA.

\*Youngquist, A. L. & **Mello**, Z. R. (2016, April). *Bullying, time perspective, and self-esteem among adolescents.* Poster presented at the Graduate Research Showcase, San Francisco State University, San Francisco, CA, USA.

**Mello**, Z. R., & \*Youngquist, A. L., (2015, December). *Time perspective and substance use among delinquent adolescents*. Paper presented at the Developmental Concentration Brown Bag series, San Francisco State University, CA, USA.

\*Youngquist, A. L., +Davidson, A., & **Mello**, Z. R. (2015, May). *Time perspective as a predictor of adolescent substance use*. Poster presented at the College of Science and Engineering Research Exhibition at San Francisco State University, San Francisco, CA, USA.

\*Marquez, C. & **Mello**, Z. R. (2015, May). *Income barriers to academic and occupational achievement among adolescents.* Poster presented at the San Francisco State University College of Science and Engineering Student Project Showcase, San Francisco, CA, USA.

\*Youngquist, A. L., +Davidson, A., & **Mello**, Z. R. (2015, April). *Time perspective as a predictor of adolescent substance use*. Poster presented at the Graduate Research and Creative Works Showcase at San Francisco State University, San Francisco, CA, USA.

+Paoloni, V. C. & **Mello**, Z. R. (2015, May). *Cognitive flexibility and time perspective in college students.*Poster presented at the College of Science and Engineering Student Project Showcase, San Francisco, CA, USA.

**Mello**, Z. R. (2014, October). *Conceptualizing time perspective in adolescence: Cross-cultural implications.* Paper presented at the Developmental Concentration Brown Bag series, San Francisco State University, CA, USA.

**Mello**, Z. R. (2013, October). *Time perspective and health: How does thinking about the past, the present, and the future predict food choices in diverse adolescents?* Presented at Developmental Concentration Brown Bag series, San Francisco State University, CA, USA.

**Mello**, Z. R., +Saxon, A. M., +Wiggers, I.C., &, Worrell, F. C. (2013, April). *A comparison of run-away and non-runaway adolescents’ time perspectives and risky behavior.* Poster presented at the Colorado Springs Undergraduate Research Forum, Colorado Springs, CO, USA.

+^Jaramillo, J. N., **Mello**, Z. R., &, Worrell, F. C. (2013, April). *Perceived discrimination, stereotype threat, and optimism among Native American adolescents.* Poster presented at the Colorado Springs Undergraduate Research Forum, Colorado Springs, CO, USA.

+^Gutíerrez, C. M., **Mello**, Z. R., \*Anton-Stang, H. M., & Worrell, F. C. (2011, April). *Latino adolescents’ attitudes toward the past, the present, and the future in relation to academic achievement.* Poster presented at the Colorado Springs Research Forum, Colorado Springs, CO, USA.

**Mello**, Z. R., \*Anton-Stang, H. M., +Hand, L. H., +^Gutíerrez, C. M., +Benight, S. R., \*^McBroom, K. A., \*Finan, L. J., & +Sharpe, T. R. (2011, April). *How do attitudes toward the past, the present, and the future predict substance use in adolescents?* Poster presented at the annual meeting of Mountain Lion Research Day, Colorado Springs, CO, USA.

**Mello**, Z. R., Worrell, F. C., Andretta, J. R., +Baik, S., \*Coté, J. S., +^Dixson, D. D., & \*^Ramarajan, D. (2009, April). *Variation in how frequently adolescents think about the past, the present, and the future in relation to academic achievement*. Poster presented at the Graduate School of Education Research Exhibition, The University of California, Berkeley.

Andretta, J. R., **Mello**, Z. R., & Worrell, F. C. (2008, March). *Adolescent time perspective attitudes in relation to gender and racial/ethnic group.* Poster presented at the Graduate Research Exhibition, Graduate School of Education, The University of California, Berkeley, CA, USA.

**Mello**, Z. R., & Burton, L. M (1999, March). *Looking to the future: Expectations and perceptions of young African American mothers*. Poster presented at the Annual Graduate Research Exposition, The Pennsylvania State University, State College, PA, USA.

# TEACHING

|  |  |
| --- | --- |
| *Graduate* Courses  Adolescence  Families, Diversity, and Interventions  Psychosocial Development  Publishing in the Social Sciences  Race/Ethnicity: Theory, Measurement, Research, and Practice  Research Methods  Time Perspective: Theory and Measurement | *Undergraduate* Courses  Adolescent Development  Advanced Infant Development  Child Development  Developmental Psychology  Senior Seminar  Writing Intensive Seminar  Theories of Personality  Young Adulthood |

## Supervision

Summary: 5 PhDs (by appointment), 16 Master, 7 Undergraduate Honors

32. \*Kakar, V. (2023-2025). *Postdoctoral Fellow*. San Francisco State University.

31. \*Harrington, M. (2024). *Subgroups within the Ace Experience: Clusters on the Sexual and Romantic Orientation Scale*. Master’s thesis,San Francisco State University.

30. Rizvi, S. F. (2024). *Shaping Beliefs: The Intersection of Poverty and Support for Self-Determination Rights in Caribbean Youth*. Master’s thesis, San Francisco State University.

29.Johnson, I. (2024). *The Relationship between Acculturative Stress and Body Dissatisfaction among First- and Second-Generation Latina Immigrants*. Doctoral thesis, University of San Francisco.

28. ^\*Suarez, D. (2023). Health Equity Institute Scholar.

27. \*Bayazitli, I. (2023). *Associations among time perspective and academic outcomes in adolescents*. Master’s thesis (chair), San Francisco State University.

26. \*Cabilogan, N. (2023). *Examining the Association Between Perceived Discrimination Based on Immigration and Tobacco Use Among Asian American Immigrant Adolescents*. Honors thesis (chair), San Francisco State University.

25. Goepel, A. C. (2023). *Chasing after the Joneses: How subjective economic stress in childhood*

*affects adult deprivation & well-being.* Master’s thesis,San Francisco State University.

24. Gabb, J. M. (2023). *Critical consciousness development: Defining the role of privilege and allyship among immigrant-origin youth*. Master’s thesis,San Francisco State University.

23. \*Azzouz, L. (2022). *Perceived discrimination based on race and ethnicity, time perspective,*

*And the role of ethnic identity in racial/ethnic minority adolescents*. Master’s thesis (chair),

San Francisco State University.

22. \*Moore, L. (2021). *An intersectional approach to understanding the relationships between*

*social identities, including race/ethnicity, gender, social class, and academic achievement,*

*ethnic identity, and school equity*. Master’s thesis (chair), San Francisco State University.

1. \*Hamideh, S. (2021). *Stereotype threat in first-generation college students*. Master’s thesis (member), San Francisco State University.
2. ^+Romero, E. (2021). *Ethnic identity and time perspective in Latinx adolescents.* Undergraduate Honors thesis (chair), San Francisco State University.
3. +Kutner, J. (2021). *Racial discrimination and occupational expectations in adolescents*. Undergraduate Honors thesis (chair), San Francisco State University.
4. +Simnegar, J. (2021). *Is time money? Time perspective differences between low- and high-socioeconomic status adolescents*. Undergraduate Honors thesis (chair), San Francisco State University.
5. ^\*Jaramillo, J. (2019). *Psychological outcomes in foster care children and adolescents.* Doctoral thesis (member), Oregon State University.

16. \*Moon, J. (2019). *Does time perspective protect the self-esteem of adolescents victimized by bullying?* Master’s thesis (chair), San Francisco State University.

15. \*Seril, L. (2019). *Bullying and social dominance orientation among adolescents.* Master’s thesis (chair), San Francisco State University.

1. \*Assylkhan, K. (2019). *Multi-level analysis of interactions between individual’s attention to past, present, and future events in coaching.* Doctoral thesis (member), Case Western Reserve University.
2. ^\*Simon, D. (2019). *Development and validation of the Perpetration of Racial Microaggressions Scale*. Master’s thesis (second reader), San Francisco State University.
3. +Chandler, J. (2018). *Life-events and time perspective among adolescents*. Undergraduate Honors thesis (chair), San Francisco State University.
4. \*Phan, T. V. T. (2018). *Ethnic identity, STEM exposure, and STEM interest among adolescents.* Master’s thesis (second reader), San Francisco State University.
5. \*Usart, M. (2016). *Impact of adult student time perspective on learning performance in online game-based learning*. Doctoral thesis (member), Open University of Catalonia, Spain.
6. \*Youngquist, A. L. (2016). *Bullying, time perspective, and self-esteem among adolescents*. Master’s thesis (chair), San Francisco State University.
7. \*Kaur, M. (2016). *Anxiety and time perspective among adolescents*. Master’s thesis (chair), San Francisco State University.
8. +Walker, E. (2016). *Time perspective and self-esteem in young adults*. Undergraduate Honors thesis (chair), San Francisco State University.
9. +Paoloni, V. C. (2015). *Cognitive flexibility and time perspective in college students.* Undergraduate Honors thesis (chair), San Francisco State University.
10. \*O’Leary, A. (2014). *Parentification and psychological wellbeing: The role of culture, ethnicity, and perceived unfairness.* Master’s thesis (second reader), San Francisco State University.
11. \*Lee, Y. (2014). *Fathering behaviors of mattering, parent-adolescent relationships, and adolescents’ adjustment: Trends across time.* Master’s thesis (second reader), San Francisco State University.
12. \*Finan, L. (2012). *Daydreaming or distraught? Understanding perceived stress in adolescents who are oriented toward the past.* Master’s thesis (chair), University of Colorado, Colorado Springs.
13. ^ +Jaramillo, J. (2012). *Understanding Native American adolescents and ethnic discrimination.* Undergraduate Honors thesis (chair), University of Colorado, Colorado Springs.
14. \*Andretta, J. (2010). *Time attitude profiles in adolescents: Predicting differences in educational outcomes and psychological wellbeing.* Doctoral thesis (member), The University of California, Berkeley.

## Selected Advisee Accolades

2024 ^\*Centeno, B., Chancellor’s Doctoral Incentive Program, CSU

2024 ^\*Abundis-Morales, M., Sally Casanova Pre-Doctoral Fellowship Awardee, SFSU

2024 +Tiffany Wong, University Undergraduate Honoree, SFSU

2022 ^\*Centeno, B., Graduate Award for Distinguished Achievement, SFSU

2021 ^\*Centeno, B., Sally Casanova Pre-Doctoral Fellowship Awardee, SFSU

2019 \*Moon, J., First Place Awardee California State University-System Research Competition in Behavioral and Social Sciences, SFSU

2018 +Chandler, J., Undergraduate Student Honoree, Psychology Department, SFSU

2016 \*Kaur, M., Graduate School Student Recognition Award, SFSU

2012 ^+Jaramillo, J., University Research Award, UCCS

# SERVICE

## Federal Agencies

2023 National Science Foundation, Panel Reviewer

2014 NIH Early Career Reviewer, Cognition and Perception Study Section

## Editor of Special Issues

*2023* Mello, Z. R, & Gordon, R. (2023).New Directions for Research on Colorism Across the Lifespan. *Research in Human Development*

*2019* Mello, Z. R. (2019). A Construct Matures: Time Perspective across the Life-Span. *Research in Human Development.*

## Editorial Boards

2021-Present Editorial Board, Journal of Applied Developmental Psychology

2020-Present Assistant Editor, Journal of Adolescence

2014-Present Editorial Board, International Journal of Behavioral Development

2019-2020 Editorial Board, Journal of Adolescence

## Ad-Hoc Reviewer

AIDS Care - Psychology, Health & Medicine - Vulnerable Children and Youth Studies

Applied Developmental Science

Australian Psychologist

Berkeley Review of Education

British Journal of Sociology

Child Development

Child Development Perspectives

Children and Youth Services Review

Current Psychology

Developmental Psychology

Educational & Psychological Measurement

Educational Psychology

Educational Psychology: An International Journal of Experimental Educational Psychology

Emerging Adulthood

European Journal of Personality

International Journal of Behavior Development

International Perspectives in Psychology: Research, Practice, Consultation

Japanese Psychological Research

Journal of Adolescence

Journal of Adolescent Research

Journal of Applied Developmental Psychology

Journal of Child and Family Studies

Journal of Early Adolescence

Journal of Educational Psychology

Journal of Experimental Child Psychology

Journal of Experimental Psychology: General

Journal of Latinos and Education

Journal of Personality Assessment

Journal of Psychology and Mental Health

Journal of Research on Adolescence

Journal of School Psychology

Journal of Social and Personal Relationships

Journal of Youth Studies

Language Teaching & Learning

Learning and Individual Differences

Mindfulness

Psychological Reports

Research in Human Development

Sociology of Education

Time and Society

Timing and Time Perception

Sociological Perspectives

Youth and Society

Urban Education

## Ad-Hoc Reviewer for Textbooks

Developing Person Through Childhood and Adolescence, Published by Macmillan

Invitation to the Life Span, Published by Macmillan

## Executive Councils

2024-2028 Board of Directors, Society for Research on Adolescence (SRA)

2006-2010 International Society for the Study of Behavioral Development (ISSBD), Early Career Representative: (a) initiated elected position for young scholar representative, (b) recruited global young scholars to serve in society governance, (c) contributed toward proposals to fund young scholar travel, and (d) organized workshops to foster scholarly and professional capacity of young scholars.

2004-2008 Society for Research on Adolescence (SRA), Student Representative: elected to Executive Council, expanded student representation, initiated biennial meeting workshops on publishing and funding for young scholars.

## Professional Societies

2023-26 Program Co-Chair, Society for Research on Adolescence

2022 Mid-Career Awards Committee, Society for Research on Adolescence

2022 National Delegate for Biannual Meeting of the European Association for Research on Adolescence, Cypress, Greece.

2021 Mid-Career Awards Committee, Society for Research on Adolescence

2015 Biennial Meeting Proposal Reviewer, Society for Research on Adolescence

2013 Biennial Meeting Proposal Reviewer, Society for Research on Adolescence

2012 Dissertation Awards Committee Member, Society for Research on Adolescence

2011 Biennial Meeting Proposal Reviewer, Society for Research on Adolescence

2009 Biennial Meeting Proposal Reviewer, Society for Research on Adolescence

2007 Biennial Meeting Proposal Reviewer, Society for Research on Adolescence

## Department

2023-2024 Retention, Tenure, and Promotion Committee

2022-2024 Lecturer Peer Review Committee (Chair)

2021-2022 Faculty Hiring Committee

2021-2022 Scholarship Committee

2021-2022 Budget Committee

2020-2021 Retention, Tenure, and Promotion Committee

2020-2021 Advisory to the Chair Committee (Chair)

2020 Undergraduate Recruitment

2015-2019 Advisory to the Chair Committee

2019 Undergraduate Recognition Ceremony, Keynote Speaker

2018 Graduate Recognition Ceremony Participation

2018 Undergraduate Recognition Ceremony Participation

2018 Graduate Recognition Ceremony Participation

2018 Psi Chi Induction Ceremony Keynote Speaker

2017 Graduate Recognition Ceremony Participation

2017 Undergraduate Graduation Recognition Ceremony Participation

2016 Undergraduate Graduation Recognition Ceremony Participation

2016 Graduate Recognition Ceremony Participation

2015 Undergraduate Graduation Recognition Ceremony Participation

2015 Graduate Recognition Ceremony Participation

2014-2015 Faculty Hiring Committee—Clinical Trauma Cluster Hire

2014 Undergraduate Graduation Recognition Ceremony Participation

2014 Graduate Recognition Ceremony Participation

2013-2014 Faculty Hiring Committee—Aging

2001-2002 Department Head Search Committee Graduate Student Representative, Penn State

2001-2002 Faculty Meeting Graduate Student Representative, Penn State

1998-1999 Co-Chair Graduate Student Steering Committee, Penn State

1997-1998 Graduate Student Association Student Representative, Penn State

*College of Science & Engineering*

2020-2021 Leave with Pay, Sabbatical Committee (Chair)

2019-2020 Leave with Pay Committee Member

2018-2019 Leave with Pay Committee Member

2016 College of Science and Engineering Research Showcase Judge

2014 College of Science and Engineering Research Showcase Judge

## University

2022-2023 ORSP-DRC Grant Review, SFSU

2021-2022 University Sabbatical Committee, SFSU

2021 Commencement Graduation Video, SFSU

2019-2020 ORSP-DRC Grant Review, SFSU

2019 Commencement Participation, SFSU

2018-2019 Committee to Review Research Service Organizations, SFSU

2018 Commencement Participation, SFSU

2017 Commencement Participation, SFSU

2015-2017 University Research Council, SFSU

2016 Commencement Participation, SFSU

2015 Commencement Participation, SFSU

2014 Commencement Participation, SFSU

2011-2012 Faculty Minority Affairs Committee, UCCS

2010-2011 Rosa Parks and Cesar Chavez Scholarship Committee, UCCS

2005-2006 Berkeley Postdoctoral Association Board Member, UC Berkeley

2005-2006 California Prep High School Research Committee, UC Berkeley

## Community

2022-Present Redwood Empire Food Bank

2022-2023 Monte Rio Unified District School Board

2021-2022 Gender Workshop Series at Richmond High School

2022 Staff Gender Presentation at Richmond High School

2019 Interview with Westmont High School Student

2019 Interview with Burlingame High School Student

2019 Career Fair Presentation, Westmont High School Student

2016 Interview with Ocean High School Student

2016 Research Presentation at Richmond High School

2016 SFSU Student Interview for Adolescent-Related Film Project

2015 Research Presentation at Albany High School

2007-2008 Alternative Learning Community, Volunteer

2006-2007 Ralph J. Bunche Middle School, Volunteer

2001 Upward Bound Math and Science Student Mentor

1997-2005 Stormbreak Runaway and Homeless Shelter, Volunteer

## Consulting

2006 “Multilevel modeling: Nesting, trajectories, and dyads.” University of California, Santa

Cruz; Sponsored by M. Azmitia.

# PROFESSIONAL MEMBERSHIP

American Psychological Association

Association for Psychological Science

Society for Research on Child Development

International Society for the Study of Behavioral Development

Society for Research on Adolescence

# TRAININGS

Safe Zone Ally Program Training

Federal Clearance for Volunteering at Contra Costa County Schools