

CURRICULUM VITAE

Fang-yu Chou, PhD, RN

Associate Professor

School of Nursing, BH 358

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Other Form of Name: Fangyu Chou

EDUCATION

2002-05	University of California San Francisco	Postdoctoral Fellow	Symptom Management
1998-02	University of California San Francisco	Ph.D.	Nursing
1994-96	University of Michigan, Ann Arbor	M.S.	Nursing
1987-91	Kaohsiung Medical University, Taiwan	B.S.	Nursing

PROFESSIONAL EXPERIENCE**Principal Positions Held**

08/12-present	Associate Professor (tenured), School of Nursing, San Francisco State University
08/05-08/12	Assistant Professor, School of Nursing, San Francisco State University
08/02-07/05	Postdoctoral fellow, Center for Symptom Management, School of Nursing, UCSF
08/01-07/02	Research Associate, HIV/AIDS Resource Center, School of Nursing, UCSF
12/98-8/01	Graduate Student Researcher, Department of Community Health Systems, UCSF
02/97-07/98	Full Time Lecturer, School of Nursing, Tzu-Chi University, Hualien, Taiwan
08/95-07/96	Research Assistant, School of Nursing, University of Michigan, Ann Arbor
08/93-07/94	Research Nurse, Hematology/Oncology, Kaohsiung Medical University Hospital, Taiwan
08/91-07/93	Registered Nurse/Charge Nurse, Gastroenterology and Medical Oncology, Kaohsiung Medical University Hospital, Taiwan

Ancillary Positions Held Concurrently

2016-now	Treasurer, Nu Psi Chapter, Sigma Theta Tau International
2014-2016	Treasurer, Nu Psi Chapter, Sigma Theta Tau International
2014-2016	Coordinator, Transcultural Nursing Issue SIG, Oncology Nursing Society
2012-2014	Chapter President, Nu Psi Chapter, Sigma Theta Tau International
2007-2010	Adjunct Clinical Professor, School of Nursing, UCSF
2005-07	Assistant Adjunct Professor, School of Nursing, UCSF
02/03-11/04	Registered Nurse, Oncology/Bone Marrow Transplant, Stanford University Hospital
2002	Adjunct Lecturer, School of Nursing, San Jose State University
1996	Adjunct Lecturer, Community Health Nursing, National Open University, Hualien, Taiwan

HONORS/AWARDS

2016	Keynote Speaker, Graduate Programs, SFSU Nursing Pinning and Hooding Ceremony
2011	Fulbright Exchange Scholar (Research Category)
2009	Marquis Who's Who
2006	Cesar Chavez Institute Faculty Fellow, M-RISP Proposal Development

2006	Faculty Diversity Award
2002-05	NINR T32 Institutional Postdoctoral Fellowship, UCSF
2003	Poster award, 7 th National Conference on Cancer Nursing Research
2003	Graduate student poster award, 2002 Association of Nurses in AIDS Care Conference
2001-02	NINR T32 Institutional Predoctoral Fellowship, UCSF
2001-02	Regents Fellowship, UCSF
1999-00	Graduate Dean's /Anthony Scholarship in Nursing, UCSF
1996	Outstanding Graduate in Nursing/Patient Care Administration, University of Michigan

PROFESSIONAL CREDENTIALS AND LICENSES

1998-present	Registered Nurse, California
1996-99	Registered Nurse, Michigan
1991-1998	Registered Nurse, Taiwan

TEACHING EXPERIENCE

My teaching interests and experience include topics related to adult health nursing (Oncology), outcomes and quality of health care, chronic illness management of community-based adult patients, cultural issues in health care, nursing research and evidence-based practice, and quantitative methodology. My primary teaching assignments include such as Research and Evidence-Based Practice, Education and eTechnology, Graduate Culminating Experience, Graduate Clinical Practicum, and Adult Health Nursing. My teaching methods include lecture, seminar, and hybrid method by adapting educational technology. My teaching philosophy is based on Adult Learning Theory and Experiential Learning Theory.

Courses Taught (SFSU) **(Fall 2011-Current)**

Graduate

N702 Health Systems Management
 N703 Education, Informatics and eTechnology in Advanced Nursing Practice
 N794 Research and Evidence-Based Practice
 N716 Advanced Pathophysiology and Diagnostic Reasoning
 N801 Graduate Nursing Practicum I
 N802 Graduate Nursing Practicum II
 N895 Applied Research in Nursing

Undergraduate

N338 Nursing Research
 N321 Pathophysiology
 N312 Foundations of Nursing-GWAR
 N557 Capstone Practicum

(Fall 2005~Spring 2011)

Graduate

N895 Graduate Culminating Projects (Graduate)—FOR, enrollment: 2-10, AY2007-2011
 N732 Advanced Nursing Role Development (Graduate)--FOR, enrollment: 40, AY2010
 N801/N802 Graduate Clinical PracticumI/II (Graduate)--FOR, enrollment: 2~30, AY2008-2011

Undergraduate

N312 Foundations of Nursing Theory (undergrad-GWAR)—FOR, enrollment: 20-25, AY2010-2011
 N338 Nursing Research (Undergrad)--FOR, enrollment: 40~90, AY2005-2011

N557 Senior Capstone Clinical Practicum (Undergrad)--FOR, enrollment: 9~10, AY2006-2010
 N222 Adult Medical-Surgical Nursing Theory (Undergrad)—FOR, enrollment: 40~90, AY2005-2008

(1997-2002, before SFSU)

UCSF Doctoral Program

Quantitative Research Methods—Graduate Teaching Assistant, enrollment: 20, AY2002
 HIV/AIDS advanced Seminar—Graduate Teaching Assistant, enrollment: 10, AY2001-2002

Tzu-Chi University, School of Nursing

Adult Medical-Surgical Nursing Theory (Undergrad)---co-Faculty of Record, enrolment: 40, AY1997-1998
 Adult Medical-Surgical Nursing Practicum (Undergrad)---co-Faculty of Record, enrolment: 8, AY1997-1998
 Community Health Nursing Theory (Undergrad)---Faculty of Record, enrollment: 40, AY1997-1998
 Nursing Management (Undergrad)—Faculty of Record, enrollment:40, AY1997-1998
 Seminar in Research and Clinical Issues (Graduate)—Faculty of Record, enrollment 15, AY1997-1998

Graduate Student Projects (SFSU)

Spring 2017: Chaired project: 5

Spr 17 “Smoking Cession Education for Inpatient Homeless Veterans”, Ferdinand L. Villarosa
 Spr 17 “Education for Critical Care Nurses: Mechanical Circulatory Support”, Matthew Ryan Demarest
 Spr 17 “Educational Plan on Managing Wounds Related to Injection Drug Use”, Marestel Lalan Martin
 Spr 17 “Patient Educational Plan in the Reduction of Sepsis in BMT Patients”, Roksaneh Larijani
 Spr 17 “Implementing Oxytocin Checklists to Improve Maternal and Neonatal Outcomes”, Judy Kwan Wong

Second reader project: 3

Spr 17 “Statin Therapy Clinical Protocol for Management of Dyslipidemia”, Ekaterina Kent (2nd Reader)
 Spr 17 “Mentoring Program for New Graduates to Increase Employee Satisfaction and Patient Safety”, Jenna Marie Eggert (2nd Reader)
 Spr 17 “Pediatric Palliative Care: Improving Hematology/Oncology Nurses’ Communication Strategies”, Yves Jon Raphael C. Valdez (2nd reader)

Fall 2016: Chaired project: 3

Fall 16 “CAUTI Reduction Through Early Urinary Catheter Removal Web Application”, Eunice Austina Oliver-Balancio
 Fall 16 “Development of a Diabetes Nurse Champion Program to Improve Glycemic Management” Mary Costello-Kozuch
 Fall 16 “Shifting the Paradigm of Nursing Advocacy Beyond the Bedside” Johanna Lavorando

Spring 2016: Chaired project: 6

Spr 16 “Management of Recurrent Vulvovaginal Candidiasis in the Primary Care Setting”, Rebecca K Buddington
 Spr 16 “E-Nursing Home Health Business Plan”, David C. Dungca, Won II Kim
 Spr 16 “Management of Acute Streptococcus Pharyngitis in Outpatients”, Alice Mak
 Spr 16 “Application of mHealth to Support Smoking Cessation within the Homeless Veteran Population”, Dat T Hoang-Gia
 Spr 16 “Empowering Nurses through Ultrasound-Guided Peripheral Intravenous Insertions”, Mark Ciano
 Spr 16 “Reducing 30-Day Readmission and Mortality Rates Post-Acute Myocardial Infarction”, Bradley Fahs

Fall 2015: Chaired project: 5

Fall 15 “An Educational Plan for Diagnostic Test Adherence in Low Literacy Patients”, Brittni Bracelin
 Fall 15 “An Educational Plan to Promote Massage Therapy for Pain Reduction in the Terminally Ill”, Jennifer L. Hoban
 Fall 15 “Early Mobilization in Mechanically Ventilated Patients in the ICU: An Educational Plan”, Erin L. McArthur

Chou, F.Y.

Fall 15 “Point of Care Technology for Patient Triage in the Emergency Department”, Huong T. Nguyen
 Fall 15 “Integrated Care Transitions Intervention (CTI) Model for Patients Transferring between Hospital and Skilled Nursing Facility”, Lily YY Kuang

Second reader project: 8

Fall 15 “MENtor RN: Increasing Gender Diversity in the Registered Nurse Workforce”, Jaliza Y. Johnson (2nd reader)
 Fall 15 “Breast Cancer Survivor Stress: A Mindfulness-Based Stress Reduction Psych-Educational Intervention Plan”, Melissa M. Roman (2nd reader)
 Fall 15 “Culturally Sensitive Educational Plan about Primiparous Chinese Women Childbirth Traditions”, Diana Huang (2nd reader)
 Fall 15 “Health Literacy: an Intervention to Improve Outcomes among Asian Americans with Diabetes”, John PU Ortez (2nd reader)
 Fall 15 “Implementation of an Effective Fall Prevention Toolkit for the Hospitalized Adult Patient”, Carole TF Nakamura (2nd reader)
 Fall 15 “Nurse Delivered Prep to Increase Access: an Intervention Plan”, Brandon D Ahlstrom (2nd reader)
 Fall 15 “Safe Patient Handling: Peer Leader Education to Sustain a Culture of Safety”, Kathryn Fintland (2nd reader)
 Fall 15 “Support Group Intervention to Reduce Stress in NICU Parents with Preterm Infants”, Stacey A. Wong (2nd reader)

Spring 2015 : Chaired project: 2

Spr 15 “*Instituting Bedside Shift Reporting in the Acute Care Setting*”, Amanda J. Anderson.
 Spr 15 “*A Prenatal, Labor/Delivery, and Postpartum Educational Manual for African American Women*”, Tonjalyn Ford.

Fall 2014: Chaired project: 9

Fall 14 “*Job Burnout and Work Environment of Emergency Room Nurses*”, Ryan J. Bresnick.
 Fall 14 “*The Implementation of the Stroop Test for Early Diagnosis of Minimal Hepatic Encephalopathy*”, Emma Coughlan.
 Fall 14 “*Enhancing Pain Management in Chinese/Chinese American Palliative Care Patients at UCSF*”, Kristina McDonald Amoroso.
 Fall 14 “*Sequential Compression Devices: Increasing Compliance to Decrease DVT Incidence*”, Christina M. Briones.
 Fall 14 “*Depression Screening Protocol for Geriatric Patients with Heart Failure*”, Erin M. Fowler.
 Fall 14 “*A One-to-One Mentorship Program to Prevent Recidivism Among Juvenile Delinquents*”, Sally A. Gyimah.
 Fall 14 “*Community Advance Directive Education Program: A Funding Proposal*”, Mandeep Khatra, Melissa Lee, Jason Wong, & Rebecca Simone.
 Fall 14 “*Early Recognition of Sepsis in the Adult ICU Population*”, Jerome A. Moreno.
 Fall 14 “*Functional Decline Prevention in Acutely Ill Hospitalized Older Adults*”, Aileen E. Obillo.

Second reader project: 1

Fall 14 “*Peripartum Stroke Nursing Education Plan*”, Natalie R. Castillo (2nd Reader).

Spring 2014 : Chaired project: 7

Spr 14 “*A Childhood Obesity Program for Children with a Low Socioeconomic Status*”, Adetola O. Williams.
 Spr 14, “*Inpatient Stroke Peer Visitor Program*”, Justin A. Gravesen.
 Spr 14 “*Distress Screening in Cancer Patients: an Educational Plan for Nurses*”, Natasha M. Perkins.
 Spr 14 “*Telephone Interventions for Hypertension Management in Community Setting*”, Monika Chauhan.
 Spr 14 “*A Disaster Preparedness Educational Plan for Nursing Students using Simulation*”, Alexis F. Acker.
 Spr 14 “*Diabetes Self-Management Educational Intervention for Hispanics with Type 2 Diabetes*”, Johanna A. Ruiz.
 Spr 14 “*Screening for Postpartum Depression during the First Year Postpartum*”, Carol Fong.

Second reader project: 2

Chou, F.Y.

Spr 14 “*Educational Program on the Incorporation of Complementary Health Practices in Oncology Pain Management*”, Melissa Fonseca (2nd reader).

Spr 14 “*The Prevention and Treatment of Childhood Obesity with the Use of Physical Activity*”, Dianne R. F. Sison (2nd reader).

Fall 2013: Chaired project: 1

Fall 13 “*Educational Plan for Mild Therapeutic Hypothermia to Improve Neurological Outcomes during Cardiac Resuscitation*”, Shara Amzallag.

Summer 2013: Chaired project: 3

Sum 13 “*The Resource Nurse: Clarifying Leadership Role and Expectations*”, Joanne L. Meneses, Gisso M. Oreo.

Sum 13 “*Standardizing Intraoperative Nursing Hand-Off*”, Kathryn M. Calbonero.

Sum 13 “*Meditation to Reduce Stress and Prevent Burnout in Hospital Nurses*”, Jennifer N. Fong.

Second reader project: 2

Sum 13 “*Implementation of a Vessel Preservation Program at an Acute Care Hospital*”, Amida Kakar, Paula Mickler & Robin Rector (2nd reader).

Sum13 “*Organizational Quality Improvement Changes: Nursing Perceptions*”, Merian Van Eijk & Richelle Tiamzon Yeh (2nd reader).

Spring 2013: : Chaired project: 7

Spr 13 “*Educating Nurses to Improve Glycemic Control in Patients Undergoing Total Joint Arthroplasty*”, Laurel A. Ward

Spr 13 “*Preparing Nurses to Educate Stem Cell Transplant Recipients about Steroid-Induced Hyperglycemia*”, Jessica Jarjoura

Spr 13 “*An Educational Program Promoting Healthy Behavior in Adolescents after Stem Cell Transplant*”, Serena Butler

Spr 13 “*Development of a Guideline for Comprehensive Discharge Medication Instruction*”, Rachel A. Hasbun.

Spr 13 “*A Nurse-Led Heart Failure Support Group to Improve Self-Care Adherence*”, Theresa Brondstetter.

Spr 13 “*Efficacy of Wilderness First Aid Courses: A Recommended Curriculum Change*”, Abigail R. Fitzgerald.

Spr 13 “*Critical Care Nurse Education to Reduce Alarm Fatigue and Increase Patient Safety*”, Arma Fernandez.

Summer 2012: Chaired project: 1

Sum 12 “*Reducing Hospital Readmission by Collaboration*”, Valerie Llavore & Lilian Wu Olcott.

Second reader project: 1

Sum 12 “*Congestive Heart Failure Disease Management: Bridging Hospital Care to Home Care*”, Karla DiLuzio & Lynette Gonzales (2nd reader)

Spring 2012: Second reader project: 1

Spr 12 “*A Screening and Brief Intervention Program: Reducing Alcohol Misuse among Hispanic Men*”, Joseph Cajilig (2nd reader)

(Fall 2005-Spring 2011)

Chaired project: 7

Second reader project: 12

Sum 11 “*Proposing a Nurse-Driven Protocol for Telephone Follow-up after Outpatient Chemotherapy Treatment*”, Denise r. Giarruffa & Alyce A. O’Shea.

Fall 10 “*Support for Caregivers of Cancer Patients in the Transition to Palliative Care*”, Elizabeth Woo.

Fall 10 “*Evidence-Based Protocol: Abandoning Compression Stocking for Venous Thromboembolism Prevention*”, Clair Boomer.

Chou, F.Y.

- Fall 10 “*Stroke Certification: A Business Plan to Improve Patient Care and Outcomes*”, Kristina Kitajima & Darren Murphy (2nd reader).
- Fall 10 “*Implementing a Baby Friendly Hospital-Based Initiative to Optimize Breastfeeding Outcomes*”, Nancy Rivera-Hancock (2nd reader).
- Fall 10 “*A Community-Based Program: Educating Nurses to Improve Medication Adherence among Latinos*”, Silvia Campos (2nd reader).
- Spr 10 “*Cancer Chemotherapy-Induced Neutropenic Fever: Sepsis Prevention and Management*”, Wen-Bei Jiang.
- Spr 10 “*Terrorism and Disaster Preparedness for Nurses: A Pilot Curriculum*”, Michael Ranga.
- Spr 10 “*An Evidence-Based Approach for Reducing Blood Culture Contamination in Tertiary Care*”, Kenneth Petrochko (2nd reader).
- Spr 10 “*ST-Segment Monitoring: A Program to Improve Myocardial Ischemia Detection*”, Nancy Haahes & Kerry Wong (2nd reader).
- Fall 09 “*Supporting Latino Families in End of Life Decisions: an Educational Model*”, Sabrina Fernandez (2nd reader).
- Fall 09 “*Case Management Education on Methicillin-Resistant Staphylococcus Aureus for Home Healthcare Assistants*”, Katlyn E. Wainwright (2nd reader).
- Fall 09 “*Community of Comfort: Web-Based Support for Young Adults with Terminal Illness*”, Erika Taylor (2nd reader).
- Fall 07 “*Utilizing Central Line Bundles to Prevent Infections in the Intensive Care Unit*”, William Benjamin (2nd reader).
- Fall 07 “*Protocol for Nurses: Empowering Parents Caring for Premature Infants in the NICU*”, Yuying Li & Lily Nguyen (2nd reader).
- Sum 07 “*Effective Monitoring a Caloric Intake and Nutrition for the ICU patient*”, Scott Annoni (2nd reader).
- Spr 07 “*Nursing curriculum for understanding an evidence-based stroke continuum of care*”, Rio Deva Ryan.
- Fall 06 “*Complementary therapies in prostate cancer*”, George Wu.
- Fall 06 “*Factors contributing to medication errors: an educational program for emergency department nurses*”, Angelita Barrios, Tomas Cu, Stacie Leighton, Judy Eng (2nd reader).

Regular Advising Activity:

15-20 Grad students every semester (combination of Entry-Level Master’s, RN-MSN, and Accelerated Entry-Level Master’s)

Service Learning Advising:

Spr 06: Cooperative Education Program, College of Science and Engineering (Jason Chan, Emergency Medical Technician)

PROFESSIONAL ACHIEVEMENT AND GROWTH

My scholarship interests include self-management, quality of care, and cross-cultural care in adult patients experiencing complex and stigmatized chronic conditions in the community, specifically in cancer patients. I have research projects conducted in both local and international regions. I have an increasing scholarship interest in the area of applying consumer health technology in culturally diverse patients and education. My scientific inquiries are based on the system outcome model, symptom management model, and theories on self-management.

In Review

Chou, F. Y. & Kuang, L.Y. (2016). Mobile Health and Chronic Illness Self-Management: What is the Evidence? (in review).

Chou, F.Y. (2016). A Multivariate Testing of Illness Perception, Self-Management, and Quality of Life of Taiwanese Cancer Patients (in review).

Peer-Reviewed Journal Publications

- Chou, F.Y.,** Lee, J., Yoo, G., Kuang, L. Y. & Fung, L.C. (2016). Challenges in Cancer Self-Management of Patients with limited English Proficiency. *Asia-Pacific Journal of Oncology Nursing*, 3(3): 259-265. doi: 10.4103/2347-5625.189815.
- Chou, F. Y.,** Lee-Lin F. & Kuang, L. Y. (2016). The effectiveness of Support Groups in Asian Breast Cancer Patients: an Integrative Review. *Asia-Pacific Journal of Oncology Nursing*, 3(2): 157-169. doi: 10.4103/2347-5625. 162826.
- Chou, F. Y. &** Bresnick, R. (2015). Job Burnout and Work Environment of Emergency Department Nurses. Conference Proceeding of the 3rd Annual Worldwide Nursing Conference (WNC 2015), Vol. 1: 227-229. ISSN: 2315-4330. doi:10.5176/2315-4330_WNC15.116
- Chou, F. Y.,** Dodd, M., & Paul, S. (2012). Timing and sustainability of exercise intervention in breast cancer patients. *Oncology Nursing Forum*, 39(1): 91-97. PMID:22201659. doi: 10.1188/12.ONF.91-97.
- Roman, E. & **Chou, F. Y.** (2010). Validation of a Spanish HIV/AIDS symptom management Manual. *Journal of Transcultural Nursing*, 22(3):235-239. doi: 10.1177 /1043659611404425. (Corresponding Author).
- Chou, F. Y. &** Yee-Melichar, D. (2010). Critical Care Nursing of Older Adults-Book Review. *Educational Gerontology*, 36(12):1100-1101. doi:10.1080/03601271003761073.
- Chou, F.Y.,** Dodd, M., Abrams, D., & Padilla, G. (2007). Cancer symptoms, self-care, quality of life of Chinese immigrants: a pilot study. *Oncology Nursing Forum*, 34(6):1162-1167. PMID: 18024342.
- Portillo, C.J., Holzemer, W.L., & **Chou, F.Y. (2007)**. HIV symptoms. In J. Fitzpatrick, (Ed.), *Annual Review of Nursing Research*, 25, 259-291. PMID: 17958295. (equal collaboration).
- Chou, F. Y.,** Holzemer, W. L., Portillo, C. J., & Slaughter, R. (2004). Self-care strategies and information resources for HIV/AIDS symptom management. *Nursing Research*, 53(5):332-339. PMID: 15385870.
- Chou, F. Y., &** Holzemer, W. L. (2004). Linking HIV/AIDS patients' self-care with outcomes. *Journal of the Association of Nurses in AIDS Care*, 15(4):58-67. PMID: 15296659.
- Chou, F. Y.** (2004). Testing a predictive model of the use of HIV/AIDS symptom self-care strategies. *AIDS Patient Care & STDs*, 18(2), 109-118. PMID: 15006185.
- Kemppainen, J.K., Holzemer, W.L., Nokes, K., Eller, L., Corless, I., Bunch, E., Kirksey, K.M., Goodroad, B.K., Portillo, C.J., Miramontes, H., & **Chou, F. Y.** (2003). Self-care management of anxiety and fear in HIV disease. *Journal of the Association of Nurses in AIDS Care*, 14(2), 21-29. PMID: 12698763 (equal collaboration).
- Corless, I.G., Bunch, E.H., Kemppainen, J.K., Holzemer, W.L., Nokes, K.M., Eller, L.S., Portillo, C.J., Butensky, E., Nicholas, P.K., Bain, C.A., Davis, S., Kirksey, K.M., & **Chou, F. Y.** (2002). Self-care for fatigue in HIV disease. *Oncology Nursing Forum*, 29(5), E60-69. PMID: 12064325 (equal collaboration).

Monograph/Book

- Chou, F. Y.** (2009). Symptoms and Self-Care Strategies in HIV/AIDS: Application of Web-Based Survey. Lambert Academic Publishing, ISBN 978-3-8383-1081-7.

Research Report

- Chou, FY** (Ed.). (2014). Handbook for Cancer Self-Management (English, Traditional Chinese). San Francisco State University.
- Chou, FY &** Roman, E. (Ed.). (2005) HIV/AIDS Symptom management self-care manual (English, Spanish), <http://www.aidsnursingucsf.org/>, University of California, San Francisco.

Peer-Reviewed Published Conference Abstracts

- Chou, F. Y. (2017).** A Multivariate Testing of Illness Perception, Self-Management, and Quality of Life of Taiwanese Cancer Patients. Sigma Theta Tau International's 28th International Nursing Research Congress, Dublin, July 2017.
- Chou, F. Y. (2017).** Nursing Students' Perspectives on Online and Hybrid Courses. Western Institute of Nursing: 50th Annual Communicating Nursing Research Conference, April 2017, Denver, Colorado.
- Chou, F. Y. (2016).** Chronic Illness Self-Management: Trend and Evidence in Digital Era (Podium). Nursing World Conference, 10/27-19, 2016, Dubai, UAE.
- Chou, F. Y. (2015).** Develop Cancer Self-Management Intervention for Patients with Limited-English-Proficiency (Podium). Oncology Nursing Society Congress, April 2015, Orlando, FL. **Reprinted:** *Oncology Nursing Forum*, 42(2): E198-E198. doi: 10.1188/15.ONF.E110.
- Bresnick*, R. & **Chou, F. Y. (2014).** Job Burnout and Work Environment of Emergency Department Nurses (Podium). 2014 Research Days, UCSF Center for Nursing Research and Innovation, October 22, 2014, South San Francisco (*student)
- Chou, F. Y., Yoo, G., & Lee, J. (2014).** Cancer Self-Management for Patients with Limited-English-Proficiency. Western Institute of Nursing, April, 2014, Seattle, WA. **Reprinted:** Communicating Nursing Research Conference Proceedings, 47: 481
- Chou, F. Y. (2013).** Self-care self-efficacy of Chinese cancer patients. Western Institute of Nursing Research Conference, April 11-14, 2013, Anaheim, CA. **Reprinted:** Communicating Nursing Research Conference Proceedings, 46.
- Chou, F. Y. (2013).** Illness Perception of Chinese Breast Cancer Women (poster). Oncology Nursing Society Congress, May, 2013, Washington D.C. **Reprinted:** *Oncology Nursing Forum*, 40(3): E292-E292. doi: 10.1188/13.ONF.E279-E302.
- Chou, F. Y. (2013).** Illness Perception of Chinese Colon/GI Cancer Patients. 2013 Sigma Theta Tau International Research Congress, July, 2013, Prague, Czech Republic. **Reprinted:** Conference Electronic Abstract Data Base. <https://stti.confex.com/stti/congrs13/webprogram/Paper56099.html>
- Chou, F. Y. & Jarjoura*, J., Huynh*, C., & Herlambang*, E. (2012).** Integrated Review of Exercise Intervention Trials of Breast Cancer Women. 2012 National State of the Science Congress on Nursing Research, Sep 13-15, 2012 Washington D.C. **Reprinted:** Conference Electronic Abstract Data Base (*student). <http://www.epostersonline.com/cans2012/?q=node/2459>
- Eller, L.S., Tsai, Y.F., Rivero-Mendez, M., Canaval, G.E., Valencia, C.P., Bunch, E.H., Kemppainen, J.K., **Chou, F.Y.**, Dole, P., Corless, I.B., Hamilton, M.J., Coleman, C., Wantland, D.J., Kirksey, K.M., Sefcik, E.M., Nicholas, P.K., Nokes, K.M., Holzemer, W.L., Reynolds, N.R., Portillo, C.J. (2006, July). Cultural Differences in Predictors of Depression. Poster session presented at the XVI International AIDS Conference 2006, Toronto, Canada (equal collaboration). **Reprinted** Abstract No.: THPDB05.
- Holzemer, W., Portillo, C.J., Wantland, D., **Chou, F.**, Human, Sukati, Makoe, Seboni, Roman, Rivero, Cuca. (2006, July). Development of the UCSF HIV/AIDS Self-Care Symptom Management Manual. Poster session presented at the XVI International AIDS Conference 2006, Toronto, Canada (equal collaboration). **Reprinted** Abstract No.: WEPE0214.
- Chou, F. Y. (2005, May).** Globalization: implications on culturally-diverse health care and research. Podium session presented at the 23rd Quadrennial ICN Congress, Taipei.
- Chou, F.Y., Dodd, M., Abrams, D., & Padilla, G. (2005, April).** Cancer symptoms, self-care, quality of life of Chinese immigrants: a pilot study. Podium session presented at the 30th Annual ONS Congress, Orlando, FL. **Reprinted:** *Oncology Nursing Forum*, 32(2): 479. Meeting Abstract (ISSN: 0190-535X).

Chou, F.Y.

- Chou, F. Y.** (2005, February). Cancer symptom management research in disadvantaged minority patients: challenges and opportunities. Podium session presented at *the 8th National Conference on Cancer Nursing Research*, February 2005, Ft. Lauderdale, Florida, **Reprinted: Oncology Nursing Forum, 32(1), p. 152. Meeting Abstract (ISSN: 0190-535X).**
- Sanzero Eller, L., Bunch, E., Kemppainen, J., **Chou, F. Y.**, et al. (2004, July). Predictors of four dimensions of depressive symptoms in people living with HIV. Poster session presented at *the XV International AIDS Conference*.(equal collaboration). **Reprinted** Abstract No. MoPeD3836.
- Sefcik, L., **Chou, F. Y.**, Nokes, K., Reynolds, N., et al. (2004, July). Demographic Differences in HIV/AIDS Illness Representation. Poster session presented at *the XV International AIDS Conference*. **Reprinted** Abstract No. MoPeD3896.
- Chou, F. Y.** (2003, February). Testing a predictive model of the use of HIV/AIDS symptom self-care strategies. Poster session presented at *the 7th National Conference on Cancer Nursing Research*, February 2003, San Diego, CA, p. 206 (**Poster Award**).
- Chou, F. Y.**, & Holzemer, W. L. (2002, November). Linking HIV/AIDS Clients' self-care with outcomes. Poster session presented at *The Association of Nurses in AIDS Care Fifteenth Annual Conference*, November 2002, San Francisco, p. 185.
- Chou, F. Y.**, Holzemer, W., Slaughter, R., & Portillo, C. (2002, November). Developing a category scheme for HIV/AIDS symptoms self-care strategies. Poster session presented at *the Association of Nurses in AIDS Care Fifteenth Annual Conference*, San Francisco, p. 165 (**Graduate Student Poster Award**).
- Chou, F. Y.** (2002, April). Information sources for HIV/AIDS self-care. *Western Institute of Nursing 2002 Conference*, Palm Spring, California. **Reprinted: Communicating Nursing Research, 35(10), 333.**
- Chou, F. Y.** & Holzemer, W.L. (2002, July). HIV Symptom Management Strategies: A web-based study. *22nd International of Nurses Quadrennial Congress*, Copenhagen, p. XXXIV.
- Chou, F. Y.**, Portillo, C. J., & Sparacino, P. S. (2001, April). Outcome of congestive heart failure home health care. *Western Institute of Nursing 2001 Conference*, Seattle, Washington, April 19-21. **Reprinted: Communicating Nursing Research, 34(9), 349.**
- Holzemer, W., Nokes, K., Corless, I., Eller, L., Bunch, E., Kemppainen, J., Miramontes, H., & **Chou, F. Y.** (2000, July). Self-Care for Diarrhea in HIV Disease. *13th International AIDS Conference*, Durban, South Africa, July 10-14, 2000 [Abstract ThPeB5234]. **Reprinted: 2001 Journal of the Association of Nurses in AIDS Care, 12, Supplement, p. 100.** (equal collaboration).
- Kemppainen, J., Holzemer, W., Nokes, K., Eller, L., Corless, I., Bunch, E., Kirksey, K., Miramontes, H., & **Chou, F. Y.** (2000, July). Anxiety and Fear in HIV Disease. *13th International AIDS Conference*, Durban, South Africa, July 10-14, 2000 [Abstract ThPeB5237]. **Reprinted: 2001 Journal of the Association of Nurses in AIDS Care, 12, Supplement, p. 93** (equal collaboration).

Unpublished Peer-Reviewed Conference Presentations

- Chou, F. Y.** (2011). *Cancer self-management in Chinese Patients: a pilot international collaboration*. Sigma Theta Tau International's 22nd International Nursing Research Congress, July 2011, Cancun
- Chou, F. Y.** (2010). *Cancer symptom management and self-care: cultural considerations*. EPS Global International Cancer Conference. Suzhou, Sep 10-12, 2010.
- Roman, E. & **Chou, F. Y.** (2007, April). Validation of an HIV/AIDS symptom management guidebook. Poster session presented at the Building Research Capacity in HIV/AIDS Health Disparities Through Partnership: The Processes, Challenges and Opportunities. University of Puerto Rico, San Juan, Puerto Rico
- Roman E.R. & **Chou, F.** (2006, August). Validation of a Spanish version HIV/AIDS Symptom Management Guidebook. Podium session presented at the UCSF's 2nd International Conference on Nursing Science & HIV/AIDS in Toronto, Canada.

Chou, F.Y.

- Chou, F. Y.** (1997, July). Selected determinants of nurses' intent to stay. Podium session presented at *the 14th Nursing Research Paper Presentation of the Nurses Association of Taiwan ROC*, National Chung-Kung University Hospital, Tainan, Taiwan.
- Daly, M. O., Jones, K. R., Kovacevich, D., Peters, B., **Chou, F. Y.**, & Teitelbaum, D. (1996). Identification of clinical system outcomes in home parenteral nutrition therapy. Podium session presented at *the 11th National Nursing Symposium on Home Health Care*, Ann Arbor, Michigan.

Invited Lectures/Presentations

International

- 2014, Speaker, *Cancer Self-Management: Trend in Theory and Evidence*, College of Nursing, Kaohsiung Medical University, November 24, 2014, Kaohsiung, Taiwan
- 2011, Speaker, *Self-Management in Chinese Cancer Patients*, Nursing Research Seminar, National Taiwan University Graduate Institute of Nursing, May 30, 2011.
- 2011, Speaker, *Evidence-Based Practice: Application in Nursing*, Taipei Nurses' Association, May 10, 2011, Taipei
- 2011, Session Speaker, Career Path in Sino-American Relations-Public Health Medicine and Life Science, Fulbright China Research Forum 2011, 2/28-3/4, 2011, Hong Kong/Macau
- 2001, Translator /co-Instructor, *Quality of Care and HIV/AIDS Nursing Research Workshops*, School of Nursing, Tzu-Chi University, Hualien, Taiwan, July 22-24, 2001(Speaker: Dr. William Holzemer).
- 1997, Instructor, ICU Nursing Training Sessions, Bo-Ai Hospital, Ilan, Taiwan, 1997
- 1997, Instructor, The 12th Long Term Care Nursing Training Program in Eastern Taiwan, Hualien, Taiwan

National

- 2017, Panel Speaker, "*Empowering Self-Management for Health Prevention and Promotion*" In Panel of Wellness Strategies within Communities of Color, National Association for Ethnic Studies 45th Annual Conference, March 2017.
- 2014, Speaker, "*Health Literacy: Implication to Oncology Nursing Practice*", Transcultural Nursing Issues, Special Interest Group, Oncology Nursing Congress 2014, April 2014.
- 2008, Fellow, *Oncology Nursing Foundation Research Institute*, Research Proposal Development. Pittsburgh, Oct 23-26, 2008.
- 2003, Presenter, Oncology Nursing Society-National Cancer Institute sponsored Cancer Nursing Research Short Course, Denver, Colorado, April 30, 2003.

Regional

- 2016, Presenter, "Nursing Student's Perspectives on Online Courses", CHSS 2016 Spring Showcase: Integrating Teaching, Scholarship & Service. May, 2016.
- 2015, Presenter, Asian American Health Research at SFSU/UCSF Asian American Health Roundtable, 11/2015
- 2006, Panel Speaker, The Nursing Postdoc 101, UCSF, May 11 2006,
- 2005, Translator, HIV/AIDS clinical care training for physicians from China, Pangaea Global AIDS Foundation/San Francisco General Hospital Positive Health Programs, San Francisco, California, Jan 4-Feb 5, 2005
- 2004, Instructor, Oncology Symptom Management, Center for Education, Stanford University Medical Center, 2004

Chou, F.Y.

Management Grant, USD10,000

Role: Principal Investigator

Unfunded

National Institute of Health

Chou (PI) 07/01/17-6/30/19

Exploratory/Developmental Research Grant Program (R21)

“Feasibility of a digital cancer self-management intervention for patients with limited English proficiency”

Role: Principal Investigator

Office of Research and Sponsored Program

Chou (PI) 07/01/16-12/31/17

San Francisco State University, USD 25,000

“The effectiveness of simulation on professional communication in nursing students”.

Role: Principal Investigator

Training Grant and FundingCompleted

Department of Health and Human Services

Chou (PD) 07/01/2011-06/30/2012

Health Resources and Services Administration, 2A10HP00246-11-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 62,000

Role: Project Director

Department of Health and Human Services

Chou (PD) 07/01/2010-06/30/2011

Health Resources and Services Administration, 2A10HP00246-11-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 47,306

Role: Project Director

Department of Health and Human Services

Chou (PD) 07/01/2008-06/30/2009

Health Resources and Services Administration, 2A10HP00246-09-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 99,368

Role: Project Director

Department of Health and Human Services

Chou (PD) 07/01/2007-06/30/2008

Health Resources and Services Administration, 2A10HP00246-08-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 93,790

Role: Project Director

Department of Health and Human Services

Chou (PD) 07/01/2006-06/30/2007

Health Resources and Services Administration, 2A10HP00246-07-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 113,763

Role: Project Director

Department of Health and Human Services

Chou (PD) 07/01/2005-06/30/2006

Health Resources and Services Administration, 2A10HP00246-06-00

“Advanced Practice Nursing Education Traineeship Grant”, USD 106,264

Role: Project Director/Grant Administrator

Chou, F.Y.

- 2009, Attendee, Process Education Workshop, *Pacific Crest Teaching Institute*, San Jose State University, Jan 14-16, 2009
- 2008, Fellow, Research Proposal Development, *Oncology Nursing Foundation Research Institute*, Pittsburgh, Oct 23-26, 2008.
- 2008, Attendee, 3rd Annual Conference: Cultural Influence on Medical Decision Making: Strategies for Health Care Professionals. *Northern California Cancer Center*. Sep 12, 2008
- 2007, Attendee, “How to Find-And Win-Federal, Foundation and Corporate Grants”. *Office of Research and Sponsored Program*, San Francisco State University, San Francisco, California, Jan 19, 2007
- 2006, Attendee, “Bridging the Gap: Transforming knowledge into Action”. World Cancer Congress, *International Union Against Cancer*, Washington, DC, July 8-12, 2006
- 2006, Attendee, “A conversation with Claire Fagin, RN, PhD, FAAN: Changing the path of a profession”. *Betty Irene Moore Nursing Initiative Event*, San Francisco, California, May 17, 2006
- 2006, Attendee, Community Event,” Educating nurses: Pedagogical challenges in teaching for a practice discipline”. *The Carnegie Foundation for the Advancement of Teaching*, Palo Alto, California, March 7, 2006
- 1996, Intern, Community Health Nursing, Department of Community Health, *National Health Service and University of Sheffield*, Sheffield, England, July 1996.

SERVICES TO CAMPUS AND COMMUNITY

I have served in various capacities across departmental, college, and university levels since my appointment at the SF State, such as committee chair for Search Committee and Curriculum Committee, and faculty senator of Academic Senate. I also consistently involved in professional organizations, including serving as the peer reviewer for grant proposals, conference abstracts and journal manuscripts. I have also served in the leadership capacity for professional associations, such as application reviewer for Fulbright Foundation, chapter president of the Honor Society, and leadership officer for Oncology Nursing Society and Sigma Theta Tau International Honor Society.

Campus

School of Nursing

- 2016-now, Curriculum Committee (Chair)
- 2015-2016, Scholarship Committee (member)
- 2014-now, CNS Program (Program Coordinator)
- 2014-now, Faculty Search Committee (member)
- 2014-2015, Admission Committee (member)
- 2013-2014 Faculty Search Committee (Co-Chair)
- 2012-2016, Retention/Tenure/Promotion Review Committee (member)
- 2012-2016, UCSF Research Day Site Coordinator
- 2012-2013, Curriculum Committee (member)
- 2012, Stanford Cohort Graduate Program (Faculty Coordinator)
- 2011-2012 Graduate Program Committee (Chair)
- 2011, Leadership Team (Faculty Development Lead)
- 2008-2009, APO/RN-BSN Committee (member)
- 2009, Ad Hoc Mid-term Chair Review Committee (member)
- 2007-2012, Graduate Program Committee (member)
- 2006-2007, Faculty Search Committee (member)
- 2006-2007, Undergrad Admission Committee (member)

2005-2012, Undergraduate Program Committee (member)
 2005-2007, Faculty Affair committee (co-Chair)
 2008, 7th Annual School of Nursing Evidenced Based Practice Poster Presentations (Faculty Judge)
 2006, 5th Annual School of Nursing Evidenced Based Practice Poster Presentations (Faculty Judge)
 2006-2007, Spr2010, Undergrad Level two (Faculty Coordinator)

College/ College of Health and Social Sciences

2016, SF State 2016 Graduate Recognition Ceremony (Department Faculty Rep)
 2014-now, Leave with Pay Committee (Elected Member, Chair 2016-2017)
 2007-2009, Research and Professional Development Committee (Elected Member)

University

2018 Administrative Search Faculty Pool
 2015-2017, Professional Development Council (College Elected Member)
 2013-2014, CSU Task Force for Open Educational Resources in Nursing (OER-N) (member)
 2012-now, SFSU Honor Societies-Nursing/Sigma Theta Tau International (Faculty Advisor/Liaison)
 2010, SF State Grad Fair (Nursing Faculty Rep)
 2009-2013, Administrative Search Faculty Pool
 2007-2010, SFSU University Academic Senate (Faculty Academic Senator-College Representative)
 2007-2010, Academic Senate Standing Committee-Strategic Issues Committee (member)
 2006, SFSU International Programs and Study Abroad- Evaluation Committee (Faculty Rep)
 2006, 2010, University Graduation Ceremony (Faculty Marshal)
 2006, University Open House-Sneak Preview Undergraduate Programs (Nursing faculty rep)

Professional Organizations

Sigma Theta Tau International-Local Chapter

2016-now, Treasurer, Nu Psi Chapter-SFSU, Sigma Theta Tau International
 2014-2016, Treasurer, Nu Psi Chapter-SFSU, Sigma Theta Tau International
 2012-2014, Chapter President, Nu Psi Chapter-SFSU, Sigma Theta Tau International
 2014 Chair, Program Planning Committee, Nu Psi 20th Anniversary Celebration
 2011-2012, Vice Chapter President, Nu Psi Chapter-SFSU, Sigma Theta Tau International
 2010-2011, Secretary, Nu Psi Chapter-SFSU, Sigma Theta Tau International

Sigma Theta Tau International-National/Regional

2015, Candidate, Region 1 Coordinator, Sigma Theta Tau International
 2014, Member, Program Planning Committee, STTI Region 1 Conference
 2011-now, Grant and Abstract Reviewer, Sigma Theta Tau International Research Grants

Oncology Nursing Society

2014-2016, Coordinator, Oncology Nursing Society- Transcultural Nursing Issue Group
 2007-2010, Grant Reviewer, Oncology Nursing Society Foundation- Research Grants
 2006, Award Reviewer, Excellence in Cancer Nursing Research Award

Fulbright Foundation

2012, Faculty Host, Fulbright Foundation-Fulbright Scholar Program (Visiting Scholar TS Hsiao at SFSU)
 2011, Application Reviewer, Fulbright Foundation--Fulbright Commission in Taiwan

Professional Membership

2002-now, Oncology Nursing Society
 1999-now, Western Institute of Nursing
 1998-now, Sigma Theta Tau International Honor Society
 1999-2008, UCSF International HIV/AIDS Nursing Research Network

Professional Journals and Publications

2015-now, Asia-Pacific Journal of Oncology Nursing (Reviewer)
 2015-now, Western Journal of Nursing Research (Reviewer)
 2015-now, Japanese Journal of Nursing Science (Reviewer)
 2015-now, Oncologist (Reviewer)
 2012-now, Journal of Supportive Care in Cancer (Reviewer)
 2010, Journal of Pain & Symptom Management (Reviewer)
 2007, Prentice-Hall- NCLEX Review (Book Chapter Reviewer)
 2004-2005, AIDS Care (Reviewer)
 2002-2003, Journal of Transcultural Nursing (Reviewer)

Professional Conferences

2014-now, Worldwide Nursing Conference (Program Planning/Abstract Reviewer)
 2013-2015, Western Institute of Nursing Annual Research Conference (Abstract Reviewer)
 2013-2015, San Francisco Bay Area Research Day (Abstract Reviewer/Moderator)
 2011-2015, Sigma Theta Tau International Annual Research Congress (Abstract Reviewer)
 2011, Fulbright China Research Forum-Health & Society Theme group (Moderator)
 2007, Health Literacy Forum—Language, Literacy & Immigrant Health Care: Opportunities for Partnership. SFSU, (Moderator--Cultural Competency in Health Care).
 2004, National Congress on the State of the Science in Nursing Research (Moderator-End of life care)
 2004, Nursing Science & HIV/AIDS; Global Challenges and Opportunities/Thailand (Program and abstract committee)
 2002-2004, Western Institute of Nursing Annual Research Conference (Abstract Reviewer)
 2002, International HIV/AIDS Nursing Research Network (Planning member)
 2002, National Congress on the State of the Science in Nursing Research (Abstract reviewer)

Public and Private Organizations

2006, UCSF MSN Education Minor-Teaching Practicum (Faculty Preceptor)
 2005-2008, UCSF School of Nursing, Community Health Systems, MSN Comprehensive Exam (Committee Reader). Completion of 3 Projects:
 ---“Improving the quality of care transitions for elders admitted to a home health care agency”
 ---“Effectiveness of preventive treatment for latent tuberculosis in adults infected with HIV and recommendations for practices: systematic review for peer reviewed studies”
 ---“Combining hospital and community interventions for successful Malaria prevention”